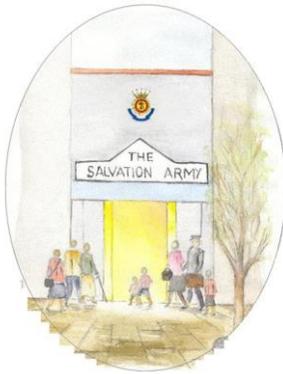




# ***STAPLE DIET OCTOBER 2015***



**Staple Hill Corps**

**- A Good NEWSS Corps for all people**

**(Nurture, Evangelism, Worship, Service to Corps, Service to Community)**

**Our Purpose is:**

- To be a vibrant, worshipping Christian community actively introducing Jesus to the people of our area.
- To be a place where all can belong and grow in their relationship with Jesus.
- To serve the local community.

# From the desk of the Editor

Change, love it or loath it, we all have to put up with it from time to time.

In this 150<sup>th</sup> Celebratory year the International Salvation Army stepped out in faith and launched a new Song Book & Tune Book. Whilst this change won't please everyone, I believe it is a welcome change. Since September the band has used the new tune book and it's been helpful to have tunes for songs such as Grace Alone, In This Quiet Moment along with more.

We as a corps are fortunate enough to be able to purchase these new books and these are going to start being used in worship from this month. We do have Congregational Song Books for those who prefer to use a book than the screen. We do have some spares which are available to anyone who would like to purchase one. The print is larger than the Personal Song Book you would get from SP&S but without the bible and these are £8. We are also offering those who would like to donate a Song book for our corps supply in memory of a loved one. Please see Colin or Nicola if you wish to buy or donate a song book.

So let's embrace this change as individuals, as a corps and as an army of God's people to go forth in his grace.

***Grace alone which God supplies,  
Strength unknown he will provide.  
Christ in us, our cornerstone,  
We will go forth in grace alone.***

*No. 699, New Salvation Army Song Book*

**Neil Baker  
Editor - Staple Diet**

# Sunday Celebration

Sunday 25<sup>th</sup> October - 5pm

Featuring Euphonium Soloist

David Taylor (Birmingham Citadel)

Supported by Staple Hill  
Musical Sections

**From The**



**Officer's Desk**

We are all looking forward to sharing together in the retreat during the first weekend in October. As we focus on the theme 'SHAPE', I have been thinking of little else for the last little while! The word 'shape' conjures up images in my mind - these include the traditional children's toy - shape sorter - where each plastic (or wooden) shape has to fit in a particular hole. Each shape is unique and each hole is unique

so that the correct shape has to be found for each hole. Each shape was made specifically for one hole. Each one of us was made by God. He made each one of us to be unique (thank goodness some of you may say!). And He also has a 'hole' for each one of us that only we can fit. In other words we were created for a specific purpose, that only we can fulfil. As we join together during this retreat, I pray that each one of us will be encouraged to appreciate our uniqueness but also each other and see more clearly the purpose God has just for us.

Major Nicola Hylton-Jones  
Corps Officer

# News about People

Those currently on the 'Wish you were here' prayer list are: Madge Rickards, Irene Ackerman, Francis & Ruth Shepherd, Edna Heath, Valerie Scott, Tom and Ruth Cable, Joyce Lear, Gwen Lear, Margaret Hatton.

## THOSE AT UNIVERSITY

Natasha Bennett (Bristol Uni)

Two of our young people will be celebrating their 18<sup>th</sup> Birthday in October, Joe Saint (6<sup>th</sup>) and Aimee Bessex (19<sup>th</sup>), best wishes to you both and enjoy this special time.

Thoughts and prayers are with Christine Kleinschmidt with the Promotion to Glory of her husband Wilf. This has taken place in Germany whilst visiting family. Wilf had recently started attending meetings and normally came on a Sunday morning. We think of all the family members at this time of loss.

We would remember Valerie Morrison and family with the passing of Tony. Both Valerie and Tony had worshipped for some time at Staple Hill. Our thoughts and prayers are with you all at this time.

**Vivien Wallington**

**Dear Friends,**

"I would sincerely like to thank everyone for their prayers, cards, floral tributes, phone calls and support throughout the last few weeks. They have been extremely beneficial to the support that myself, Kevin and Helen have needed and really appreciate your kindness. Many thanks.

**Mavis, Kevin, Helen & family**

**Dear Friends,**

Joan and I wish to say a big Thank you for your cards and phone calls on the celebration of our Diamond Wedding Anniversary. Our family treated us to various things and we had a lovely time.

Every Blessing

**David and Joan Jones**

## A Big Thank You!!!

It is not possible to retire from 56 Years of banding and almost the same singing in songster brigades without saying a sincere Thank You to all the Bandmasters and Songster Leaders who mentored and guided me over all those years. Some are sadly no longer with us.

It has given me so many opportunities to play in over 10 bands during those years spanning the continents from the UK -Norway -Sweden- Denmark - Japan-South Africa and the USA. In addition, learning to sing in Norwegian, Swedish, and Japanese. So now Liz you know why you could not understand what I was singing some of the time!!

The Bandmasters generally were tolerant of me having the occasional unplanned solo and key change, and the Songster leaders my occasional harmonic deviation.

When in Japan I have continued to lead the Tokyo Kanda Corps band, as it has no leader --- a slightly different experience when tune numbers end up being given in four different languages!! and continued to enjoy playing with the Japan Staff Band to keep in practice.

During one Japan Staff Band practice, I was asked to witness and do a small talk to close the practice.

I spoke on proclaiming the gospel and read from

Psalm 71 verse 16 - but noticed the relevance of the verses 17 and 18 for this occasion so I'll add those.

***“I will praise your power sovereign Lord, I will proclaim your goodness, yours alone. You have taught me ever since I was young, and I still tell of your wonderful acts.--- Now that I am old and my hair is grey do not abandon me O God. Be with me while I proclaim your power and might to all generations to come.”***

Well I do hope that I can be useful at times and not abandoned!!

Sometimes I am asked about the journeys that I have been doing with my work around the world -“Is it really safe “

Well I gain confidence in all I do with the words of the chorus from the song:

*“I’m in his hands -whate’er the future holds I’m in his hands, The days I cannot see have all been planned for me, His way is best you see I’m in His hands“*

Although I am travelling less in 2015, I am assured of his continuing care and presence at all times.

I trust that from time to time I may be allowed to play and sing when home here in Staple Hill and am felt needed.

Thank you for all the happy times, the times of blessing, and devotion, and for having had this special opportunity to spread the gospel.

Thank You So Much and God Bless.

**Mike Dickens.**

## October Sundays

4 <sup>th</sup>	11am	Retreat Worship	5pm	Retreat Worship
11 <sup>th</sup>	11am	Harvest Worship	6.30pm	Celebration at Bristol Cathedral
18 <sup>th</sup>	11am	Morning Worship	5pm	Worship & the Word
25 <sup>th</sup>	11am	Morning Worship	5pm	Sunday Celebration David Taylor

## Harvest Altar Service

On Sunday 11th October we shall be celebrating harvest during our morning worship, but we will be joining with other salvationists at Bristol Cathedral in the evening as a celebration of the Salvation Army heritage over the past 150 years. This, of course, means that there will only be the single altar service this year for the presentation of the harvest envelopes. However, if you are not able to be with us on the 11<sup>th</sup> in the morning, please feel free to place your harvest envelope in the collection plate whenever you are next able to do so and it will be counted in with all the other harvest gifts.

It must seem strange to those new in our fellowship that whilst other churches celebrate harvest with big displays of produce, our displays tend to be quite modest and we ask people to put some money in an envelope as part of the celebration. The reason is this: Jesus spoke metaphorically

about the fields being 'white unto harvest' but noting that the 'labourers are few'. He was actually talking about the people who were waiting to hear about the love of God, and the shortage of men and women of faith who could bring those people into the presence of God. Our harvest altar service is a direct response to that challenge - by providing the funds that are needed to support the work of evangelising the gospel message. Our harvest giving envelopes provides specific funds that are restricted to 'Mission and Outreach' opportunities - 75% of which is retained within our own corps and 25% goes to our Divisional Headquarters to support outreach events throughout the South West. Within the corps, we use these funds for advertising (and other incurred expenditure) special events that take place within our buildings to draw others into our fellowship and to support the outreach events that we undertake in Page Park - the cost of the children's activities, the hire of the band-stand, give-aways, generator fuel, etc. This year, we are also using these funds to cover the costs of the Corps Retreat which will allow each one of us to review our overall mission that God has called us to and how we personally can respond to this calling.

As a corps, we have been taking more and more opportunities over the past few years to evangelise within the local community - and I am sure that trend is set to continue. We have seen new people walking in off the street to join with us in fellowship, and people returning to worship after years without a spiritual home. God has called us to fulfil a mission of evangelism - and having the resources readily available to support that activity is a key enabler to that purpose - to gather in a harvest of souls for the Kingdom of God. A mission for Christ, a mission to all!

**Paul Heath, Corps Treasurer**

Over the last month we have been looking at the Fruit of the Spirit, and during this time, I have referred to the Soldier's Covenant. Having done so, I think it would be helpful to have the complete document. If, after reading them, you would like to know more about becoming a member of our Church, then please speak to either Nicola, myself, Margaret Boxell or a member of our leadership team (a copy of the doctrines of The Salvation Army (what we believe) are found in the back our song book).

**Major Colin Hylton-Jones  
Corps Officer**

# **ARTICLES OF WAR**

## **(A Soldier's Covenant)**

Having accepted Jesus Christ as my Saviour and Lord, and desiring to fulfil my membership of His Church on earth as a soldier of The Salvation Army, I now by God's grace enter into a sacred covenant.

I believe and will live by the truths of the word of God expressed in The Salvation Army's eleven articles of faith:

I will be responsive to the Holy Spirit's work and obedient to His leading in my life, growing in grace through worship, prayer, service and the reading of the Bible. I will make the values of the Kingdom of God and not the values of the world the standard for my life.

I will uphold Christian integrity in every area of my life, allowing nothing in thought, word or deed that is unworthy, unclean, untrue, profane, dishonest or immoral.

I will maintain Christian ideals in all my relationships with others; my family and neighbours, my colleagues and fellow Salvationists, those to whom and for whom I am responsible, and the wider community.

I will uphold the sanctity of marriage and of family life. I will be a faithful steward of my time and gifts, my money and possessions, my body, my mind and my spirit, knowing that I am accountable to God.

I will abstain from alcoholic drink, tobacco, the non-medical use of addictive drugs, gambling, pornography, the occult and all else that could enslave the body or spirit.

I will be faithful to the purposes for which God raised up The Salvation Army, sharing the good news of Jesus Christ, endeavouring to win others to Him, and in His name caring for the needy and the disadvantaged.

I will be actively involved, as I am able, in the life, work, worship and witness of the corps, giving as large a proportion of my income as possible to support its ministries and the worldwide work of the Army.

I will be true to the principles and practices of The Salvation Army, loyal to its leaders, and I will show the spirit of Salvationism whether in times of popularity or persecution.

I now call upon all present to witness that I enter into this covenant and sign these articles of war of my own free will, convinced that the love of Christ, who died and now lives to save me, requires from me this devotion of my life to His service for the salvation of the whole world; and therefore do here declare my full determination, by God's help, to be a true soldier of The Salvation Army.

## Operation Christmas Child

Once again Brownies and Rainbows are filling shoeboxes to send to underprivileged children who won't receive very much, if anything, at Christmas. Usually our shoeboxes head towards Eastern Europe. You may like to fill your own shoebox or you may like to contribute to the Rainbows /Brownies' box which will contain items suitable for a girl of Rainbow/Brownie age -toys, educational supplies, sports items and hygiene items are all in the 'yes please' category. Sweets are fine but not chocolate. Gloves, hats and scarves, bangles and necklaces are also good. Please nothing written in English, no clothes or anything related to war. If you would like to help there are leaflets with more info on the spinner in the foyer or talk to Margaret or Hannah. Filled shoeboxes should be brought along no later than Sunday 8th November.

Thank you very much for your support.

## Safe & Sound

Recently, everyone in the corps who works with children and young people have been meeting together to ensure everything we do with those who are under 18 is as safe as it can be. We have also been checking that we are following all the necessary policies and procedures. You may have noticed the large purple poster displayed in the foyer. Please take a closer look at this poster, it contains lots of useful information regarding our 'Safe and Sound' policies and please feel free to take one of the leaflets. If you have any concerns of this nature, please don't hesitate to speak to Nicola or, in her absence, Hilary Sims who is the 'Deputy Child Protection Coordinator'.

# Corps Weekly Activities

## Monday

Greenfingers	10.30am (2 <sup>nd</sup> Monday of each month)
Home League Fellowship	2pm (3 <sup>rd</sup> Monday of each month)
Rainbows	6pm to 7pm
Brownies	6.30pm to 7.30pm
CAMEO	7.45pm (last of each month)

## Tuesday

Tuesday Toddlers	from 9.30am
Young People's Band Practice	6.45pm to 7.45pm
Senior Band Practice	8pm to 10pm

## Wednesday

Baby Song	from 9.30am
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## Thursday

Lunch Club	12.30pm
Friendship Club	2pm to 3pm
Community Care Ministries	7pm (3 <sup>rd</sup> Thursday of each month)
Singing Company Practice	6.45pm to 7.45pm
Songster Practice	8pm to 9.30pm

## Friday

Friday Club	6pm to 7.15pm
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## Saturday

Coffee Morning	10am to 12pm
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## Sunday

Primary, Lighthouse Club and Youth Group	9.45am - 10.45am
Morning Worship	11am
1 <sup>st</sup> Sunday - Sunday Supper	5pm
2 <sup>nd</sup> Sunday - Sunday Worship	5pm
3 <sup>rd</sup> Sunday - Worship & The Word	5pm
4 <sup>th</sup> Sunday - Sunday Celebration	5pm
5 <sup>th</sup> Sunday - Simply Sunday	5pm

# Corps Programme (2015)

*(Events in italics indicate other Corps, Divisional & Territorial Events)*

<b>OCTOBER</b>	
3 <sup>rd</sup> /4 <sup>th</sup>	Corps 'Retreat' Weekend (non-residential)
Friday 9 <sup>th</sup>	Staple Hill Primary School Harvest (Small Band)
Sunday 11 <sup>th</sup>	Harvest Festival
Sunday 11 <sup>th</sup>	Band at Beaufort Court
<i>Sunday 11<sup>th</sup></i>	<i>Bristol Cathedral</i>
<i>Saturday 17<sup>th</sup></i>	<i>Divisional Youth Band Event - Shepton Mallett</i>
<i>Saturday 17<sup>th</sup></i>	<i>Our Band in Proms Concert in Bath</i>
Sunday 18 <sup>th</sup>	Dedication of Noah Jacob Roberts
Monday 19 <sup>th</sup>	Church Parade
29 <sup>th</sup> /1 <sup>st</sup> Nov	Corps Officers on Furlough
<b>NOVEMBER</b>	
<i>Saturday 7<sup>th</sup></i>	<i>Divisional AFM Fellowship Day</i>
Sunday 8 <sup>th</sup>	Remembrance Sunday
Monday 9 <sup>th</sup>	Leadership Team Meeting
Saturday 14 <sup>th</sup>	Singing Company and Songsters Visit to Street
Monday 23 <sup>rd</sup>	Family Christmas Crafts Evening
Sunday 29 <sup>th</sup>	5 <sup>th</sup> Sunday Special - Ducks
<b>DECEMBER</b>	
Saturday 5 <sup>th</sup>	Christmas on the Hill

Date for 2016 - International Staff Band Visit 19<sup>th</sup>/20<sup>th</sup> March

The deadline for entry in  
October's Newsletter is  
**Sunday 18<sup>th</sup> October 2015,**

Please email [stapledietnewsletter@gmail.com](mailto:stapledietnewsletter@gmail.com)

*Please ensure you send to the above email address for entry into future issues to avoid any messages being mislaid if sent to my personal email or by hand. Thank You*

## **Corps Leadership Team**

Laura Baker, Tash Bennett, Margaret Bessex, Margaret Boxell,  
Liz Brewer, Mark Dickens, Linda Hall, Paul Heath, Majors Colin &  
Nicola Hylton-Jones, Nathan James, Les Palfreman & Marc Willetts.

## **Pastoral Care Council (PCC)**

Margaret Bessex, Margaret Boxell, Liz Brewer, Linda Hall, Majors Colin  
& Nicola Hylton-Jones, Kelvin James, Rachael James,  
Hilary Sims, Marc Willetts, Gerry Wiltshire, Malcolm Wiltshire.

## **Worship Team**

Michael Baker, Tash Bennett, Jon Dickens, Michelle Dickens,  
Nathan James, Les Palfreman (Leader), Jenny Palfreman (Secretary),  
Viv Wallington & Kay Willetts.



**The Salvation Army, Staple Hill Citadel Corps**  
**Broad Street, Staple Hill, BS16 5LN**  
**Tel: 0117 956 5232**

**[www.staplehillcitadel.com](http://www.staplehillcitadel.com)**

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