

STAPLE DIET FEBRUARY 2015



Staple Hill Corps
- A Good NEWSS Corps for all people
(Nurture, Evangelism, Worship, Service to Corps, Service to Community)

Our Purpose is:

- To be a vibrant, worshipping Christian community actively introducing Jesus to the people of our area.
- To be a place where all can belong and grow in their relationship with Jesus.
- To serve the local community.

From the desk of the Editor

New Year

2015 sees an exciting year for Staple Hill Corps with lots of things happening. It also sees The Salvation Army celebrate its 150th year of mission and serving God.

As a corps we have lots of events such as the visits of Reading Central Band and Droitwich Songsters and the first INTO Africa event presented by The Kenya Trust supported by Gloucester Songsters and our own band. This year we will also see our wonderful suite of buildings being decorated and areas of the site being used to their full potential.

However, through all these events let us not forget to keep our eyes focused on the vision of the corps and The Salvation Army.

A few weeks ago we were told to open our eyes to what we need to do in Staple Hill and beyond.

When we have finished the decorating and tidying, have we done everything we can do?

"When you've done everything you can do, that's when God will step in and do what you can't do."

Neil Baker - Editor, Staple Diet



Officer's Desk

Dear Friends

It is said of teachers that they shouldn't smile in their first term, as it is a sign of weakness. This week has seen us complete six months as Commanding Officers at Staple speaking for myself, we have certainly smiled Many years ago, William Pearson penned the

during this time. words, Joy, Joy, there is joy in the Salvation Army (SB807). whilst more recently Harry Read wrote (801):

We're going to fill, fill, fill the world with glory; We're going to smile, smile, smile and not frown; We're going to sing, sing, sing the gospel story; We're going to turn the world upside down.

There was an energy, excitement and expectation in those early Salvationists that we seem to have lost over the years. Maybe our prayer should be, 'Lord, turn me upside down and fill my soul with glory.' There are some who would have you think that smiling and being joyful are signs of superficiality. They would be wrong. We are smiling and joyful because we have heard and experienced the gospel story, and that one day we will be singing and smiling in glory with Joy untold (SB811):

A robe of white, a crown of gold, A harp, a home, a mansion fair, A victor's palm, a joy untold, Are mine when I get there.

For Jesus is my Saviour, he's washed my sins away, Died for me on Calvary's mountain; I'm happy in his wondrous love, singing all the day, I'm living yes I'm living in the fountain.

I trust that we will continue in this coming year with joy.

Colin Hylton-Jones **Corps Officer**

News about People

Those currently on the 'Wish you were here' prayer list are:

Madge Rickards, Irene Ackerman, Francis & Ruth Shepherd, Gladys Shellard, Edna Heath, Pam Henderson, Gordon Stone, Valerie Scott, Tom and Ruth Cable, Joyce Lear, Gwen Lear, Margaret Hattan.

THOSE AT UNIVERSITY

Natasha Bennett (Bristol Uni), Paige Hassard (U.W.E.), Bethany Martin (Bath Spa), Adam Raine (Bath Uni).

Towards the end of 2014, Emily Dickens, Ellie Hawkes-Bryant, Victoria Hitchcock and Jeovany Thomas were enrolled as Junior Soldiers by Major Nicola Hylton-Jones. They all looked smart in their new uniforms and it was lovely to see so many friends and family supporting on this special day.

YP Bandleader Sam Roberts welcomed William Bessex into the YP Band and Singing Company Leader Michelle Dickens welcomed Emily Dickens, Ellie Hawkes-Bryant, Victoria Hitchcock and Jeovany Thomas into the Singing Company.

Emma and Sam Roberts have recently announced they are expecting the arrival of a baby boy in June - many congratulations and we wish you well in your preparations in these coming months.

Thoughts and prayers have been with Catherine Brown following the passing of her sister Alice Baxter.

Thoughts and prayers have also been with David Tovey following the promotion to glory of his wife, Christine, as a result of her recent illness. A new home had been purchased in the New Forest so David has moved and will be soldiering at the Ringwood Corps. We will continue to remember David at this time of loss and as he settles into new surroundings.

We have been pleased to welcome into the corps Harry and Rita Brooksbank who have come from Hull - we trust you will soon feel at home as you join the Staple Hill fellowship.

We have also recently welcomed John Wordley as a Soldier to Staple Hill Corps. John is already feeling the support of the corps and we continue to pray for you and Kirsten.

Birthday greetings to Rodney Clothier who recently celebrated his 70th Birthday - we hope it was a special day.

On 14th February Mark Dickens reaches 'Half a Century', and Hannah Brewer will celebrate her 30th Birthday on 26th February. Congratulations to you both and enjoy your special day.

If you know of any special birthdays or anniversaries, please let me know so that we can also remember the day with you.

Vivien Wallington

Directory Update

Harry and Rita Brooksbank, 3 Springly Court, Grimsbury Road, Kingswood, Bristol, BS15 9RA. 0117 9670806

John Wordley, 26 Vicarage Road, Frampton Cotterell, Bristol, BS36 2RU. 01454 775188

Chris Painter, 11 Arnold Road, Mangotsfield, Bristol, BS16 9LZ. 0117 9567081. Cjpainter88@gmail.com.

February Sundays

1 st	11am 3pm 5pm	Morning Worship Live on Sunday with the Territorial Commanders, Commissioners Clive and Marianne Adams No Evening Worship
8 th	11am 5pm	Morning Worship Sunday worship
15 th	11am 5pm	Morning Worship Worship & The Word
22 nd	11am 5pm	Morning Worship Sunday Celebration with Euphonium Soloist Philip James

Cakes Needed!

Homemade cakes are always wanted for Saturday coffee mornings. If you are one of the growing numbers of people that cannot help on a Saturday morning, why not bake a cake and pass it to Mary White so that it can be frozen and then used on a suitable occasion.

Thank You

Mary White

Sunday Celebration

Sunday 22nd February 2015 - 5pm

Euphonium Soloist Phil James

Supported by
Staple Hill Citadel Corps Sections

The deadline for entry in March's Newsletter is Sunday 15th February 2015, Please email stapledietnewsletter@gmail.com

On Sunday 15th February 2015 Graham Freeman will be taking part in the Mud Runner "Ice Breaker 2015". This event consists of a 10km run, followed by a 20km cycle with a 3km run to finish. The course takes place over the Eastnor Estate and Malvern Hills using the same tracks on which the Land Rover has been tested and developed. The course consists of a variety of terrain and conditions from rolling grassland, hills, water filled pits, forest tracks, streams and lots of MUD!



All money raised through sponsorship and donations will be greatly appreciated and will be donated to us here at Staple Hill.

We wish Graham well in this amazing task and thank him for his generous donation to the Staple Hill Corps.

The Kenya Trust

Presents

INTO Africa 2015

Featuring
Gloucester Citadel Songsters
Songster Leader Phil Webb
Vocalist Phil Webb
Staple Hill Citadel Band
Bandmaster Nathan James

Saturday 7th March 7pm

Tickets £5 U16s Free but still need a ticket
Tickets from Hilton Baker on 07851 121571

God Rest Ye Merry Gentlemen (...and Ladies ...and Children)

Before the memories of Christmas fade into distant history, it is worth reflecting on all that was achieved during the festive period. Overall I cannot remember a busier Christmas for the corps.

A huge vote of thanks has to go to everyone that made Christmas so successful this year, whether playing, singing, preaching, collecting, catering, serving, packing, wrapping, shopping, transporting, counting or just generally supporting the events that went on.

In addition to all the services and concerts that took place in our own hall, by my reckoning (and I've probably missed a few things) we managed to:

- Collect, wrap and distribute 329 presents to children and youths who may not have otherwise received any presents this Christmas - approximately 250 of these through donated toys and the rest funded directly from the Corps.
- Serve 30 meals on Christmas Day for those who would otherwise be alone (supported by 17 volunteers)
- Provide 47 Christmas food parcels to elderly and needy people including 1 request on Christmas Day itself!
- Play, sing and preach the Christmas message at 14 different residential homes
- Bring Christmas cheer to the inmates at Ashfield Prison
- Play carols at 12 different local community events
- Raise over £9,350 through specific Christmas carolling events, involving countless musicians and 32 different collectors
- Serve more meals and refreshments during the Christmas on the Hill than anyone could count, raising over £750 in the process

It's not just me who wants to say thank you - we also received the following letter from South Gloucestershire Council.

So, thank you for everything that you did last year - and enjoy the relative period of rest that we now have before we start it all over again next Christmas!

Paul Heath



Department for Children, Adults and Health

Re: Christmas Gifts and Food parcels

I am writing on behalf of all the families who received Christmas gifts and food parcels thanks to the generosity of the people who took part in your appeal.

Every year we receive so many gifts and donations which really do make a difference to the children and families who receive them.

I can't thank you enough for all your hard work in organising this and I would like you to pass on our thanks and appreciation to all the people who took part in this year's appeal.

Yours sincerely

Mrs J B Charlick
Business Support Patchway Locality Office



Songsters The visited two residential complexes at Christmas: Badminton Gardens and Court. Woodlands complexes we were warmly welcomed by residents and staff who joined in the singing of many carols and heard the story of Christmas.

The songsters will be taking part during the visit of Reading Central Band on Saturday 21st March.

For some time now we have been praying for two young children unknown to most of us: Amelia is the daughter of a work colleague to Michelle Dickens, and is suffering with a Brain Tumour; Ethan Knott, who is 10 years old and the son of officer parents, has a form of Cancer and is undergoing treatment at Great Ormond Street Hospital. We remember both these children and their families. There is a Fundraising event for Ethan Knott taking place later this month and details can be found in the Event Calendar later in the Staple Diet.

Viv Wallington

News from the Young Peoples Corps

The last few months have been a busy time for the YP Corps.

On Sunday 6th December we were very pleased to welcome four new Junior Soldiers and one new Junior Musician; it was great seeing the young people make their promise to Jesus and playing in the YP band respectively. We must say thank you to Rachael James for the preparation classes that she led and to YPBL Sam Roberts and his team for the excellent job that they do with those Young People who are learning to play an instrument.

December is always a busy month and that was no exception for the YP corps here at Staple Hill. The YP were out on various Thursday evenings helping towards the carolling effort at The Mall and both our YP Band and Singing Company visited retirement homes to present musical programmes. Thanks must go to Michelle Dickens and Sam Roberts, along with their very capable teams, for all their dedication which enabled the Young People to witness for Jesus at Christmas time.

The Family Carol Service was a lovely occasion and it was pleasing to see lots of young people dressed up as characters from the nativity story. All of the young people, right from the babies to the teenagers, seemed to enjoy themselves and it was good to see young people of different ages working together and performing alongside each other. Many thanks to the Youth for doing such an excellent job with their narration on the evening and to Tash Bennett and Phil James for their guidance of the youth group.



We started the New Year on a high with our YP Annual. For this day we had Staple Hill's very own 'Noah' (Major Colin Hylton-Jones) with us. Major Colin really did provide us with an excellent, inactive and all age time of worship. It was also good to be able to award prizes to four of our Young People in recognition of their time in the Lighthouse Club as they move forward and join our Youth Group.

The Young People's Corps have

had a very exciting few months and we are looking forward to an exciting 2015, thank you to all those who support, give time and take an interest in our Young People at Staple Hill.

YPSM Laura Baker

The Tower, The Mekong and Abney Park

"No man is an island, Entire of itself" So wrote John Dunne the 17th century poet, as the opening words of this well known poem. His message is that none of us is entirely self-sufficient or self-contained; to a greater or lesser degree, we are each dependent upon one another.

But just as we depend upon others, we also influence and impact the lives of others - whether by intent or by default and whether for good or ill.

Between July and November last year it is estimated that four million people visited the Tower of London to view the evolving memorial to the British military dead of World War 1. The memorial, Blood Swept Lands and Seas of Red, comprised red ceramic poppies 'planted' in the dry moat surrounding the Tower and added to day by day, representing the mounting death toll as war continued. Amongst those visitors were Jen and I. We in fact visited twice, the first occasion being at end of July when the memorial was in its earliest stages of development and again just a few days before the memorial was due to be completed. It was an impressive sight and very moving - indeed, a Sea of Red. With the planting of the final poppy on 11 November, 888,246 poppies completely encircled the Tower of London. Each individually created and unique, represented one unique individual whose life was lost in the conflict. One hundred years on, the impact of the service and sacrifice of each life still resonates in the freedoms that we enjoy.

At the beginning of December the BBC screened a 4 part series about the Mekong, South East Asia's greatest river. In the series Sue Perkins (of Great British Bake off renown) travelled upstream almost 3000 miles through four countries, to the Mekong's source high in the Himalayas, immersing herself in the lives and cultures of the ordinary people as she went. One of those countries was Cambodia, a country which is still tainted today by the horrific genocide carried out upon its people in the mid 1970s at the behest of one man, Pol Pot.

Abney Park, situated in north east London, is listed by TripAdvisor as number 319 of 845 top things to do or see in London. It was opened in 1840 as a non-conformist garden cemetery and is one of London's so called Magnificent Seven historic cemeteries. Planned as a landmark of religious tolerance Abney Park was in use for over 130 years. Among more than 200,000 people interred in its grounds are politicians, missionaries, anti-slavery campaigners, music hall performers and of course our founder William Booth and his wife Catherine. There are a number other early day Salvationists, including Elijah Cadman and Bramwell Booth, whose graves are in the immediate vicinity of those of William and Catherine. Each one of them has influenced and to some extent shaped the lives of others.

A short distance from the site of the Booths' graves is the burial place of Commissioner Robert Hoggard, a place which could easily be passed by unnoticed but for the recent addition of a Centennial Celebration Stone. It records that on 1 October 1908 the then Colonel Hoggard arrived on the Korean peninsular to commence The Salvation Army. The achievements of this pioneering man were remarkable. In the eight years of his tenure in that country 87 officers were trained, 1201 Salvationists were enrolled and 78 Corps opened. The Celebration Stone legend, written in both English and Korean, concludes by paying tribute to his passion for souls and heart for people.

No man is an island

Jesus said "You are the light of the world—like a city on a hilltop that cannot be hidden. No one lights a lamp and then puts it under a basket. Instead, a lamp is placed on a stand, where it gives light to everyone in the house. In the same way, let your good deeds shine out for all to see, so that everyone will praise your heavenly Father.' (Matthew 5: 14-16)

Les Palfreman

Diverse Doors Open Day

For several years the Bristol Multi-Faith Forum has organised a Diverse Doors Open Day, celebrating our religious diversity, giving communities the chance to experience each other's cultures and learn about each other's beliefs, offering the opportunity to visit a range of places of worship and discover the many faith communities that exist in Bristol. Over the years many places of worship have opened their doors to the general public as part of this event, which is unique to Bristol.

This is a unique event to Bristol, celebrating our religious diversity - giving communities the chance to experience each other's cultures and learn about each other's beliefs. It is an annual event, offering the opportunity to visit a range of places of worship and discover the many faith communities that exist in Bristol.

The event is organised by Bristol Multi-Faith Forum and supported by Bristol City Council.

This year (2015) the event takes place on Sunday 22nd February. A total of 16 places of worship will be opening their doors.

http://bristolmultifaithforum.org.uk/diverse-doors

A Spotlight On...

...Laura Baker

What is your job within our corps? Young People's Sergeant Major What is your day job? Teacher at Redland High Junior School

Favourite Music? I enjoy listening to a range of music but I think my all-time favourite piece of music is Vitae Aeternum by Paul Lovatt-Cooper.

Favourite food? Chicken Korma

The Worst Trait? (Be Honest) I lose stuff ALL the time, especially when it's right in front of my nose!

Your Best Trait? (Don't be modest) Organisation & Determination

What trait do you most deplore in others? Dishonesty

Your most embarrassing moment? Calling a piece of music played by the band in Christmas 2013 Yule Log instead of Yule Dance!

What do you most dislike about your appearance? Having different sized Ears

What newspaper do you prefer, and why? To be honest I don't really read newspapers as I get the news on my phone. I do often browse the TES though.

What about books? Do you have a favourite author? Michael Morpurgo

Have you a favourite TV Programme? Downton Abbey / Last Tango in Halifax / Mr Selfridge

Favourite TV Personality? Holly Willoughby mainly for presenting Surprise, Surprise.

What activity do you most enjoy? Walking Lucy, my dog.

What is your most memorable moment? Personally, the day I married Neil. Professionally, directing 35 8-11 year olds in Twelfth night at the Arnofini, Bristol

Is there anything about your life so far that you regret? No, because my experiences have shaped who I am today.

If you weren't you, who would you like to be? I don't want to be anyone else because I trust that God has me just where he needs me.

Is there a particular talent you wish you'd had? Well, Neil says it should be Being able to play the cornet properly!

How would you like to be remembered? As someone who was honest, hardworking and did what they could for others.

Corps Weekly Activities

Monday

Home League 2pm (1st Monday of each month) Home League Fellowship 2pm (3rd Monday of each month)

6pm to 7pm Rainbows

6.30pm to 7.30pm **Brownies**

CAMEO 7.45pm (last of each month)

Tuesday

Tuesday Toddlers from 9.30am Young People's Band Practice 6.45pm to 7.45pm Senior Band Practice 8pm to 10pm

Wednesday

Baby Song from 9.30am

Thursday

Luncheon Club 12pm

Thursday Fellowship

2pm to 3pm 7pm (3rd Thursday of each month) **Community Care Ministries**

Singing Company Practice 6.45pm to 7.45pm 8pm to 9.30pm Songster Practice

Friday

Friday Club 6pm to 7.15pm

Saturday

Coffee Morning 10am to 12pm

Sunday

Primary, Lighthouse Club 9.45am - 10.45am

and Youth Group

Morning Worship 11am 1st Sunday - Sunday Supper 5pm 2nd Sunday - Sunday Worship 5_Dm 3rd Sunday - Worship & The Word 5pm

4th Sunday - Sunday Celebration 5pm

5th Sunday - Simply Sunday 5pm

Corps Programme (2015)

(Events in italics indicate other Corps, Divisional & Territorial Events)

FEBRUARY			
Sunday 1 st	Divisional Celebration with Territorial Commander		
Monday 2 nd	Leadership Team or PCC Meeting		
6 th /8 th	Youth Residential Weekend		
Saturday	Divisional Fellowship Band Concert at Bristol Easton		
28th	Corps in aid of Ethan Knott		
MARCH			
Sunday 1st	Altar Service - led by Majors Ian & Jean Harris		
3 rd -5 th	AFM Conference at Brunel Manor		
Friday 6 th	World Day of Prayer		
Saturday 7 th	Kenya Trust Fundraising Concert		
Monday 9 th	Leadership Team or PCC Meeting		
Sunday 15 th	Mothers' Day		
Monday 16 th	Church Parade		
Saturday 21st	Visit of Reading Central Band		
Sunday 22 nd	Divisional Big Youth Gathering (Youth Councils)		
Sunday 29 th	Palm Sunday		
APRIL			
Friday 3 rd	Good Friday		
Sunday 5 th	Easter Sunday		
Monday 13 th	Leadership Team or PCC Meeting		
Saturday 18 th	Droitwich Songsters - Fundraiser for Big Collection		
Sunday 19 th	Our YP Band leading Kingswood's Evening meeting		
Saturday 25 th	Divisional AFM Resource Day		
MAY			
2 nd /3 rd	Divisional Youth Band Event - St Ives		
Sunday 10 th	Candidates Sunday		
Monday 11 th	Leadership Team or PCC Meeting		
Weds 13 th	Divisional AFM Rally		
Saturday 16 th	Unite - Divisional Youth/Children's Workers Event		
Saturday 16 th	Band League Concert		
Sunday 17 th	Page Park Outreach in the Afternoon		
Sunday 24 th	Pentecost		
JUNE			
Sunday 7 th	Community Cares Ministry Sunday		
13 th /14 th	YP Anniversary		
Monday 15 th	Leadership Team or PCC Meeting		
Saturday 20 th	Divisional Youth Band Event		

Sunday 21st	Fathers' Day and 'C in the Park' Event
Saturday 27 th	Armed Forces Day in Staple Hill
Monday 29th	Church Parade
JULY	
1 st - 5 th	Boundless International Congress, LONDON
10 th -12 th	Divisional Young Adults Mission Weekend (18-25s)
Monday 13 th	Leadership Team or PCC Meeting
Saturday 18 th	Big Collection Fundraiser Concert
Sunday 19 th	Page Park Outreach in the Afternoon
25 th - 1 st Aug	Territorial Music School - Monkton Coombe, Bath
27 th - 31 st	Divisional Junior Adventure Camp
AUGUST	
15 th - 21 st	SWSCA - Taunton School, Taunton
31 st - 7 th Sept	New Horizons Week
SEPTEMBER	
12 th - 16 th	Big Collection
Sunday 20 th	Page Park Outreach in the Afternoon
Sunday 27 th	Back to Church Sunday
OCTOBER	
3 rd /4 th	Corps 'Retreat' Weekend (non-residential)
Sunday 11 th	Harvest Festival
Saturday 17 th	Divisional Youth Band Event - Shepton Mallett
Saturday 17 th	Our Band in Proms Concert in Bath
30 th /1 st Nov	Soul Pursuit - Territorial YP Workers Weekend
NOVEMBER	
Saturday 7 th	Divisional AFM Fellowship Day
Sunday 8 th	Remembrance Sunday
Saturday 14 th	Divisional Creative Arts Day for Children
Saturday 14 th	Singing Company and Songsters Visit to Street
DECEMBER	DATES TO BE CONFIRMED

Date for 2016 - International Staff Band Visit 19th/20th March

Corps Leadership Team

Laura Baker, Tash Bennett, Margaret Bessex, Tim Bessex, Margaret Boxell, Liz Brewer, Mark Dickens, Linda Hall, Paul Heath, Majors Colin & Nicola Hylton-Jones, Kelvin James, Nathan James, Les Palfreman & Marc Willetts.

Pastoral Care Council (PCC)

Margaret Bessex, Margaret Boxell, Liz Brewer, Linda Hall, Majors Colin & Nicola Hylton-Jones, Kelvin James, Rachael James, Hilary Sims, Marc Willetts, Gerry Wiltshire, Malcolm Wiltshire.

Worship Team

Michael Baker, Tash Bennett, Jon Dickens, Michelle Dickens, Nathan James, Les Palfreman (Leader), Jenny Palfreman (Secretary), Viv Wallington & Kay Willetts.



The Salvation Army, Staple Hill Citadel Corps Broad Street, Staple Hill, BS16 5LN Tel: 0117 956 5232

www.staplehillcitadel.com

The Salvation Army is a Christian Church and a registered charity, No 214779