



# ***STAPLE DIET***

## ***MAY 2016***



### **Staple Hill Corps**

**- A Good NEWSS Corps for all people**

**(Nurture, Evangelism, Worship, Service to Corps, Service to Community)**

**Our Purpose is:**

- **To be a vibrant, worshipping Christian community actively introducing Jesus to the people of our area.**
- **To be a place where all can belong and grow in their relationship with Jesus.**
- **To serve the local community.**

# From the desk of the Editor

As recently announced, the Corps is going through a period of change with the introduction of the new Mission Council.

Over the coming months we also have many opportunities to spread God's Message, particularly with our Page Park Praise events.

As good financial stewards, we do have to always consider any cost attached to such events and this has recently made me think back to the Tour of Canada I was fortunate enough to attend last year with Salvation Brass.

During our time in Canada, we had a guest singer for two concerts. Caleb, a friend of Dean Jones, was no stranger to Salvation Brass having performed with us here in England before he moved out to Canada. During his performance he introduced a song he wrote after seeing a poster in Reading Prison through his prison ministry. This poster portrayed images of different body piercings: the first image was an ear piercing that had cost £10, the second image was a Nose Piercing that had cost £16, the third image was a Belly button piercing that had cost £20, and the fourth and final image was a hand with nail through it with the cost of £?

Over the next few months we have the chance to share the priceless message of what Jesus has done for us and what our faith means to us.

The band play a piece of music which incorporates the tune of 'Bow the Knee' and in the second verse there is one line taken from 2 Corinthians 5:7

***'We Live by Faith and not by Sight'***

May God help us to remember this as we continue to spread the message through this period of exciting change for the Corps.

**Neil Baker, Editor - Staple Diet**

# From The



## Officer's Desk

A wise man walked along a beach, and saw a gracefully dancing human figure. As he approached the figure, he discovered a child, who was not dancing at all, but bending and reaching down to sift through the debris and gently toss something back into the sea. 'What are you doing?' asked the wise man. The child smiled brightly, pointed upward and, with exquisite simplicity, replied, 'The sun is up, the tide is going out. If I don't do something, they will die.' The wise man surveyed the vast expanse of beach. Starfish littered the shore in numbers beyond calculation. The hopelessness of the child's plan became clear. 'But there are more starfish on this beach than you can ever save before the sun is up. Surely you cannot hope to make a difference.' The child listened politely, then bent down, picked up another starfish, and tossed it gently into the sea, just beyond the breaking waves, and exuberantly declared, 'I made a difference to that one.'

A story you may have heard before, but one that reminds us that change begins with you. Even if you feel like your contribution is not very important it is vital to that 'starfish'. As we continue to look at the mission of Staple Hill Salvation Army every single one of us has a part to play. Let's not leave those starfish on the beach.



**Major Nicola Hylton-Jones**  
Corps Officer

# News about People

Those currently on the 'Wish you were here' prayer list are: Irene Ackerman, Molly Angle, Tom and Ruth Cable, Nancy Cryer, Geoffrey Driscoll, Joan & David Jones, Joyce Lear, Gwen Lear. David & Shirley Nokes, Madge Rickards, Michael Roberts, Valerie Scott, Francis & Ruth Shepherd.

Congratulations to Yvonne Tilling who has recently celebrated her 80<sup>th</sup> Birthday, we trust you enjoyed your special day.

Esther Kasumba also celebrated her 40<sup>th</sup> birthday, we were able to say 'Happy Birthday' during the meeting as it fell on a Sunday - I'm sure you would have had a lovely day.

Malcolm & Gerry Wiltshire, along with the rest of the family, wish to say a big Thank You for the phone calls, messages and cards of sympathy received following the death of Malcolm's mum Olive.

Vivien Wallington

## May Sundays

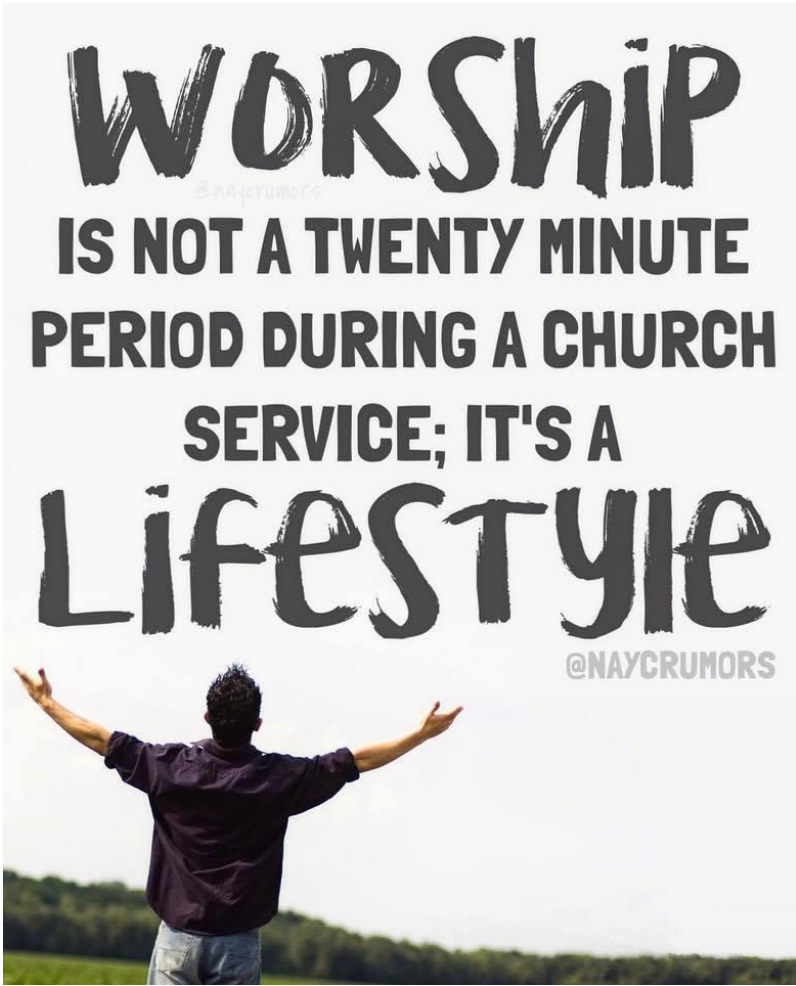
1 <sup>st</sup>	11am - Morning Worship	5pm - Sunday Supper
8 <sup>th</sup>	11am - Morning Worship	5pm - Sunday Worship
15 <sup>th</sup>	11am - Morning Worship	5pm - Worship & The Word
22 <sup>nd</sup>	11am - Morning Worship	5pm - Sunday Celebration
29 <sup>th</sup>	11am - Morning Worship	5pm - Simply Sunday

## Coffee Morning Rota

May		June	
7 <sup>th</sup>	The Big Breakfast	4 <sup>th</sup>	
14 <sup>th</sup>	Kath, Marcus, Trudi & Haydn Brown	11 <sup>th</sup>	Valerie & Mike Baker
21 <sup>st</sup>	Linda & Rob Hall	18 <sup>th</sup>	Malcolm & Mary White
28 <sup>th</sup>	<b>NO COFFEE MORNING</b> (Bank Holiday Weekend)	25 <sup>th</sup>	

# Sunday Evening Coffee Rota

May		June	
1 <sup>st</sup>		5 <sup>th</sup>	Linda & Rob Hall
8 <sup>th</sup>	Margaret Belcher	12 <sup>th</sup>	Michelle Dickens
15 <sup>th</sup>	PAGE PARK PRAISE	19 <sup>th</sup>	
22 <sup>nd</sup>		26 <sup>th</sup>	Anne & Margaret
29 <sup>th</sup>	Youth Group		



# 10 brilliant things the Queen has said about God

The Queen has never hidden her strong Christian faith. In celebration of her 90th birthday, Mark Greene presents ten significant quotes from her famous speeches.

The Queen doesn't reveal what she thinks about a whole host of subjects, but about her trust in Christ she has been open, clear and direct. Here are ten quotes that show something of the Queen's relationship with Christ and how that strengthens her and shapes the way she lives and works.

## 1. Putting her service in the hands of God

'I declare before you all that my whole life whether it be long or short shall be devoted to your service and the service of our great imperial family to which we all belong. But I shall not have strength to carry out this resolution alone unless you join it with me, as I now invite you to do: I know that your support will be unfailingly given. God help me to make good my vow, and God bless all of you who are willing to share it.' (21<sup>st</sup> birthday radio address, 1947)

## 2. The only way to live her life

'I know just how much I rely on my faith to guide me through the good times and the bad. Each day is a new beginning. I know that the only way to live my life is to try to do what is right, to take the long view, to give of my best in all that the day brings, and to put my trust in God!' (2002)

## 3. Why Jesus is unique

'Although we are capable of great acts of kindness, history teaches us that we sometimes need saving from ourselves - from our recklessness or our greed. God sent into the world a unique person - neither a philosopher nor a general (important though they are) - but a Saviour, with the power to forgive.' (2011)

## **4. What sustains her in difficult times**

'To many of us our beliefs are of fundamental importance. For me the teachings of Christ and my own personal accountability before God provide a framework in which I try to lead my life. I, like so many of you, have drawn great comfort in difficult times from Christ's words and example.' (2000)

## **5. How Christ is the inspiration in her life**

'For me, the life of Jesus Christ, the Prince of Peace, whose birth we celebrate today, is an inspiration and an anchor in my life. A role-model of reconciliation and forgiveness, he stretched out his hands in love, acceptance and healing. Christ's example has taught me to seek to respect and value all people of whatever faith or none.' (2014)

## **6. God's gift of reconciliation**

'The gift I would most value next year is that reconciliation should be found wherever it is needed. A reconciliation which would bring peace and security to families and neighbours at present suffering and torn apart. Remember that good spreads outwards and every little does help. Mighty things from small beginnings grow as indeed they grew from the small child of Bethlehem.' (1976)

## **7. Jesus gives us strength to follow him**

'Christ not only revealed to us the truth in his teachings. He lived by what he believed and gave us the strength to try to do the same - and, finally, on the cross, he showed the supreme example of physical and moral courage.' (1981)

## **8. How God restored love to our lives through Jesus**

'This is the time of year when we remember that God sent his only son 'to serve, not to be served'. He restored love and service to the centre of our lives in the person of Jesus Christ.' (2012)

## **9. The challenge of Christian discipleship**

'In difficult times we may be tempted to find excuses for self-indulgence and to wash our hands of responsibility. Christmas stands for the opposite... we need to go out and look for opportunities to help those less fortunate than ourselves, even if that service demands sacrifice.' (1980)

## **10. Why no one is beyond God's love**

'For Christians, as for all people of faith, reflection, meditation and prayer help us to renew ourselves in God's love, as we strive daily to become better people. The Christmas message shows us that this love is for everyone. There is no one beyond its reach.' (2013)

**Mark Greene is co-author of *The Servant Queen and the King she serves*, and Executive Director of LICC**

## **Expectation and Experience**

In his editorial in a recent edition of *Salvationist* Captain Andrew Stone commented, 'I am always encouraged when I read on the New Commitment pages [of *Salvationist*] how people were drawn to stay with the Army because of the welcome they received the first time they attended a Sunday meeting'.

One Sunday during our recent travels we attended a city centre corps for worship. In terms of numerical size, structure and programme, the corps appeared very similar to Staple Hill Corps.

At the conclusion of the meeting a member of the corps, a lady, engaged us in conversation which proved to be quite lengthy and wide ranging. I'm not quite sure how we arrived at the subject but in the course of conversation the lady related how a visiting relative of hers had recently attended Sunday worship at the corps but wouldn't be coming back because they said no one had spoken to them. The lady with whom I was speaking said she could not understand this as 'we are a very friendly corps'.



Earlier, on arrival, as we had entered the building the Corps Officer was emerging from the worship hall in something of a hurry heading, as it turned out, for his office. 'Hello', he said, 'nice to see you again'. We had not been to the corps before nor had we met the Corps Officer before and whilst being greeted 'again' was doubtless a slip of the tongue it did rather detract from the greeting.

We took our seats in the middle of a row toward the centre of the building. There was a buzz about the place as worshippers greeted each other enthusiastically. It seems this particular Sunday marked the resumption of normal corps activities following the end of the holiday season and people were obviously very pleased to see each other. All around us were smiles, handshakes and cheery greetings.

But no one apparently noticed two newcomers in their midst - until, just as the meeting was about to start, one young lady made her way over to us and said hello. Up to that point we had begun to feel a little bit lonely. She asked us where we were from and then told us her mother originated from the UK, so she would tell her to introduce herself to us which, as related above, she did.

So what were we expecting when we entered the building that day? Well, we had come to worship and to share fellowship with others. Regrettably, in the latter respect, our experience did not quite match our expectation.

I believe Staple Hill Corps is indeed a welcoming and friendly church and we are blessed in having a committed and effective Welcome Team. But it seems to me the responsibility for ensuring that all who enter our buildings are made to feel genuinely welcome is not solely that of the Welcome Team - it is a responsibility we all share.

Captain Stone referred to the welcome received that drew newcomers to return and stay. Sadly, whether by accident or default, the converse can also be true.

Les Palfreman

The deadline for entry in June's Newsletter is  
**Sunday 19<sup>th</sup> June 2016**

# Corps Weekly Activities

## Monday

Greenfingers	10.30am (2 <sup>nd</sup> Monday of each month)
Home League Fellowship	2pm (3 <sup>rd</sup> Monday of each month)
Rainbows	6pm to 7pm
Brownies	6.30pm to 7.30pm
CAMEO	8.00pm (last of each month)

## Tuesday

Tuesday Toddlers	from 9.30am
Young People's Band Practice	6.45pm to 7.45pm
Senior Band Practice	8pm to 10pm

## Wednesday

Baby Song	from 9.30am
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## Thursday

Hall open for coffee from	10.30am
Lunch Club	12.30pm
Friendship Club	2pm to 3pm
Community Care Ministries	7pm (3 <sup>rd</sup> Thursday of each month)
Singing Company Practice	6.45pm to 7.45pm
Songster Practice	8pm to 9.30pm

## Friday

Friday Club	6pm to 7.15pm
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## Saturday

Coffee Morning	10am to 12pm
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## Sunday

Primary, Lighthouse Club and Youth Group	9.45am - 10.45am
Morning Worship	11am
1 <sup>st</sup> Sunday - Sunday Supper	5pm
2 <sup>nd</sup> Sunday - Sunday Worship	5pm
3 <sup>rd</sup> Sunday - Worship & The Word	5pm
4 <sup>th</sup> Sunday - Sunday Celebration	5pm
5 <sup>th</sup> Sunday - Simply Sunday	5pm

# Corps Calendar 2016

<b>MAY</b>	
Friday 7 <sup>th</sup>	Band League Festival
Sunday 8 <sup>th</sup>	Candidates Sunday and Beaufort Court visit
11 <sup>th</sup>	<i>Divisional AFM Rally</i>
Sunday 15 <sup>th</sup>	Pentecost and Page Park Praise
Sunday 22 <sup>nd</sup>	<i>South Western Divisional Celebration</i>
<b>JUNE</b>	
Sunday 19 <sup>th</sup>	Father's Day
Saturday 25 <sup>th</sup>	Armed Forces Parade Kingswood
25 <sup>th</sup> /26 <sup>th</sup>	Young People's weekend
<b>JULY</b>	
Sunday 3 <sup>rd</sup>	C in the Park
Sunday 3 <sup>rd</sup>	Sunday Supper with Wes & Cath Maughan
16 <sup>th</sup> /17 <sup>th</sup>	Summer Festival/ Page Park Praise
<b>AUGUST</b>	
1 <sup>st</sup> -5 <sup>th</sup>	Junior Camp
20 <sup>th</sup> -26 <sup>th</sup>	SWSCA
Mon 29 <sup>th</sup>	Hannah and Nick's wedding
<b>SEPTEMBER</b>	
10 <sup>th</sup> -24 <sup>th</sup>	Big Collection
Sunday 18 <sup>th</sup>	Page Park Praise
Sunday 25 <sup>th</sup>	Back 2 Church Sunday
<b>OCTOBER</b>	
15 <sup>th</sup> /16 <sup>th</sup>	Harvest Festival Weekend
<b>NOVEMBER</b>	
5 <sup>th</sup> /6 <sup>th</sup>	Youth weekend
Sunday 13 <sup>th</sup>	Remembrance Sunday
<b>DECEMBER</b>	
Saturday 3 <sup>rd</sup>	Christmas on the Hill



**The 2nd-Cornets having 32 bars rest.**

## **The Mission Council**

**Corps Officers - Majors Colin & Nicola Hylton-Jones,**

**Corps Sergeant Major - Marc Willets**

**Laura Baker (Children)**

**Natasha Bennett (Youth)**

**Mark Dickens (Communications)**

**Linda Hall (Organisation)**

**Mark Hatcliffe (Reach Out)**

**Paul Heath (Business)**

**Linda James (Discipleship)**

**Nathan James (Worship)**

**Hilary Sims (Pastoral Care)**

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**[www.staplehillsa.uk](http://www.staplehillsa.uk)**

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