



# **STAPLE HILL SALVATION ARMY**

A watercolor illustration of a person in a dark, sleeveless top and pants, standing with their arms raised in prayer. The background is a soft, abstract wash of pink, orange, and yellow colors, with some darker spots and splatters. The person's silhouette is dark against the lighter background.

## **11 DAYS OF PRAYER**

**BASED ON  
THE LORDS'S  
PRAYER**

**THURSDAY 7<sup>TH</sup> — SUNDAY 17<sup>TH</sup> MARCH 2019**

# Introduction

Each day, pray 'The Lord's Prayer' and ask God for understanding to appreciate how great He is – how He wants to be part of our everyday lives to encourage and support us in every step of our ongoing journey.

This prayer covers our physical needs, our relationship needs and spiritual needs. It deals with our past, our present and our future. The Lord's Prayer gives us the very foundation of the Christian life of communion with God. Jesus tells us this is the kind of prayer that pleases the Father. However, this is not a formula, it just guides us as to what we can pray in order to build a relationship with our heavenly Father.

As you pray this prayer over the next few days, I pray that you will grow in your knowledge of God, and your relationship with Him will develop to become more intimate than before.

At the end of each meditation, refer to the grid on the back page, and write something to remind you of that session.

*Linda James*

# The Lord's Prayer

Our Father, which art in heaven,  
Hallowed be thy Name.

Thy Kingdom come.

Thy will be done in earth,  
As it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,  
As we forgive them that trespass  
against us.

And lead us not into temptation,  
But deliver us from evil.

For thine is the kingdom,  
The power, and the glory,  
For ever and ever.

Amen.

Thurs. 7<sup>th</sup>

**Our Father...**

**Dependence**

This opening phrase reminds us that we belong to God. We are His treasured possession – He delights in us, and we delight in Him. We have a unique and intimate relationship with God. We should be as comfortable talking to God as we would our own parents.

*Think about any characteristics of God the Father and write them down. Write or draw something to remind you that you are a child of God.*

Fri 8<sup>th</sup>

**... who art in Heaven ...**

**Affirmation**

Our heavenly Father is the sovereign God of the universe. His power is unlimited, His love unrestricted and is not constrained by human limitations. Heaven is a place where His will is obeyed immediately and joyfully. Our God became flesh and dwelt among us in the person of Jesus. He is a spiritual being – not someone we can touch, but we can always be aware of His presence.

*Write or draw something to imagine what Heaven could be like.*

Sat 9<sup>th</sup>

... Hallowed be Your name...

**Blessing and Thanksgiving**

God's name is revered in Heaven and on Earth, but sadly His name is not revered by all on Earth. Many people guard their reputation and go to great lengths to protect their name. When we pray this, we are expressing our desire to see God's name revered more. We want others to understand who He is, and to love and worship Him. We seek to live a holy life to reflect God's holiness.

It is written, 'One day every knee shall bow, and every tongue will confess that Jesus Christ is Lord'.

*Write or draw something that will remind you to live in a God-pleasing way.*

Sun 9<sup>th</sup>

... Your Kingdom come ...

**Longing**

We should have this burning desire within us for the coming of God's Kingdom. When Christ is recognised and obeyed in our lives there are many blessings of the Kingdom which are ours. We should want to see the Kingdom become more widespread. It's only when we truly know God's impact on our lives, and the indwelling of the Holy Spirit, that the Kingdom has truly come. This part of the prayer reflects an earnest desire for the coming of the reign of God in human hearts.

*Write or draw something to remind you that God always wants the best for us.*

Mon 11<sup>th</sup>

... Your will be done as it is in Heaven ...

Dedication

In Heaven, the will of God is always being performed perfectly. In Heaven, the will of God is being obeyed by ALL joyfully and immediately. In this part of the prayer we are seeking to bring our mind, heart and will under the power of Christ, so that His will is being carried out in our lives joyfully, wholeheartedly and immediately.

Life is complex, and the Bible doesn't always give us the direct answers to the questions or predicaments we face. But the Bible does give us what and what not to do when we face situations. Praying like this demands faith and confidence in God.

*Write or draw something to remind you to come to God in all situations to find out His will.*

Tues 12<sup>th</sup>

Give us this day our daily bread

Deity

We might be surprised that our physical needs come before our spiritual needs. We are given permission to pray about our basic physical needs for our existence. We are asking God for His provision for what is necessary to live. We need to have a great appreciation of God's provision.

The request for daily bread shows that this prayer is a daily prayer. God expects us to come to him on a regular basis and be aware that we depend on God for our basic physical and material needs.

*Write or draw something to remind us to pray for the things we need.*

Wed 13<sup>th</sup>

**Forgive us our trespasses ...**

**Penitence**

We should be thankful to God for His grace and mercy to us. We continually let God down in many ways. Sometimes we do things we shouldn't do, and other times we fail to do those things we know we should have done.

When we sin, we distance ourselves from God. It's not that He stops loving us, but He is disappointed by our behaviour. Jesus took the punishment we deserve when He died on the cross, but then He rose from the dead to show he'd conquered death and sin to make us right with God.

*Write or draw something to remind you of what Jesus has done for you by dying on the cross.*

Thurs 14<sup>th</sup>

**As we forgive those who trespass against us...**

**Relationship**

Just as God is generous in forgiving us, so we should be generous and forgiving to others. If we were unforgiving, then this would not be Christlike. When we forgive, we bear a family likeness to God. We are to forgive sincerely, not just saying the words. In Christ's words, we are to forgive a person 490 times (i.e. 70 x 7), meaning we should never tire of forgiving, just as God never tires of forgiving us.

*Write or draw something to remind you to forgive others continually.*

Fri 15<sup>th</sup>

**Lead us not into temptation ...**

**Guidance and Right Living**

Here we humbly confess that we are prone to sin, so we plead with God not to allow us to be brought into situations which involve temptation. Jesus told His disciples to be diligent in prayer so to prevent temptation. (Mark 14 v 38)

When we pray lead us not into temptation, we are praying that we aren't going to be tricked into something that displeases God or doing things that will hurt us, others or Him.

*Write or draw something to help you to remember that the Holy Spirit is always there to help us when we are tempted.*

Sat 16<sup>th</sup>

**... deliver us from evil ...**

**Protection**

Prayer is the means by which believers put on a protective layer to enable them not to be susceptible to the prevailing temptations of this world. We are asking God to lead us on a path where we will not encounter temptation.

We are asking "Father, keep us safe from danger, from anything that harms us, and from Satan, who wants to keep us from you."

God rules, but Satan is trying to influence us. God is more powerful than Satan, so we just need to ask God for His protection. Prayer prepares us for the battles we face each day.

*Write or draw something that reminds us to pray for God's protection.*

Sun 17<sup>th</sup>

**Eternity**

**For Thine is the Kingdom, the Power and the Glory, for ever and ever. Amen.**

These uplifting words bring the Lord's Prayer to a close. This was Jesus' model for real prayer. This prayer focusses on God, His name and honour, His will and His glory. Our words to God don't always have to be eloquent, He is pleased to hear all our prayers. He wants us to speak to Him as we would speak to our best friend, because that is who He wants to be. God is our Father in Heaven. He loves His children with deep and tender affection. He is approachable, available and loves to listen to His children.

*Write or draw something to praise God for, or to remind you that you can speak to Him at any time.*

7th	8th	9th
16th	17th	10th
15th		11th
14th	13th	12th