### SUNDAY 14th May 2023



# **Be Excited**

I pulled my cornet out of its case to do some home practice (yes, bandmaster, believe it or not I do sometimes!), and I noticed the corner of a slip of blue paper hidden underneath ... the words 'Be Excited' jumped out at me. It was part of an acrostic that had been given out in a meeting once, based on the word "challenge":

- C ... Christ calls each one of us to follow
- H ... His word has been inspired and written down for 1000's of years
- A ... Ask questions, and be ready for all those who may ask questions of us
- L ... Love. He loves us; we give Him pleasure by Living obediently
- L ... Listen to Him and Learn from Others
- **E** ... **Expectations Expect** joy, be **Excited**, be **Empowered**
- N ... Never forget ... you are never alone, and He is always Near
- G ... Give thanks for blessings, daily
- **E** ... **Encourage** each other by telling people we know what God is doing in our lives. Remember, **Everyone** is included

As we (hopefully) start our Page Park Praise events today – we are living that challenge. I am excited to be part of it! *Paul Heath* 

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# **PAGE PARK PRAISE:**

Today will be our first Page Park Praise of 2023! In the event of bad weather, a decision as to whether to go ahead will be made as soon as possible and will be communicated through our normal social media outlets, phone calls, etc.

We need lots of help to ensure this is a success, so some of us will be staying at the hall after the morning meeting to help in the preparations - please feel free to join us (bring your own lunch)!

From 2pm we will be loading the cars with the equipment, so even if you don't stay for lunch but are able to help, please come to the hall for 2pm.

We will also need helpers at the park to set-up, fetch deck-chairs and dust off cobwebs (bring your own brush!). We should have the cars arriving somewhere between 2:15pm and 2:30pm. Please also help pack everything away again afterwards.

As this is the first Page Park Praise of the year, there will be a quick debrief meeting at the hall afterwards

Please pray for this venture and the opportunities it brings to engage with our local community. Thank you.

#### **FLOWERS:**

We would like to thank both Viv Wallington for the flowers at the front of the hall today – in memory of Allan, and also Rita Brooksbank in memory of Harry.



# **PEOPLE:**

We continue to support those who have recently been bereaved. In particular we remember the families of Jill Welling, Ted Barber and Leon Jenner, who's funeral is on Thursday, 25<sup>th</sup> May 2023 at 2pm at Westerleigh Crematorium.

Roy remains very poorly, but on a more positive note, John Wordley is making good progress following his hip replacement and has been moved to Tiverton Hospital. At the time of writing, I am only aware that Raymond is in hospital. If you're in Southmead, then I'm sure that he would welcome a visit.

We have entered exam time, so please remember those of our young people who are taking their GCSE's and A'levels (also remember their parents!), along with those of our fellowship who are working in the education sector. Why not send them a card to say that you are thinking of them?

# **THREE IN ONE:**

Our current series gives us the opportunity to reflect on the 3 persons in the Godhead – Father, Son and Holy Spirit. During this period we also celebrate Ascension (Thursday 18<sup>th</sup> May) and Pentecost (Sunday 28<sup>th</sup> May). In addition to our Sunday worship and our Extra Slice groups we also have a 'Journey with Spirit' sheet that you can pick up from the hall today. It provides us with a short Bible reading and prayer for each day from Ascension to Pentecost. Please pick up a sheet and use it in your own personal quiet time. We hope you find it helpful.

### **THY KINGDOM COME:**



The Salvation Army are participating in this ecumenical event. Here's how you can join in:

Join us for an evening of ecumenical prayer and worship to launch the *Thy* 

*Kingdom Come* 11 days of prayer from Ascension Day to Pentecost. With worship led by the Salvation Army band and choir and The Spirituals, we'll be kicking off TKC 23 together at Regent Hall Corps with an evening of ecumenical prayer and worship. If you are unable to join us in person, we'll be livestreaming the service on YouTube and Facebook. Please just select the ONLINE ticket using the link below and we'll send you the details of how to watch from home.

TKC 23 - Ascension Day prayer and worship Tickets, Thu 18 May 2023 at 19:00 | Eventbrite

### **IN THE MONTH AHEAD:**

Sunday 22 <sup>nd</sup> May	Mission Council Meeting	
Sunday 4 <sup>th</sup> June	Page Park Praise	
Saturday 10 <sup>th</sup> June	Coffee Morning	
Saturday 10 <sup>th</sup> June	Senior Band Concert	
	Westbury-on-Trym Methodist Church	

### SOME MORE KEY DATES THIS YEAR:

Sunday 2 <sup>nd</sup> July	Page Park Praise
Sunday 6 <sup>th</sup> August	Page Park Praise
Sunday 10 <sup>th</sup> September	Divisional Celebration
Sunday 17 <sup>th</sup> September	Page Park Praise
30 <sup>th</sup> Sept / 1 <sup>st</sup> Oct	Harvest Weekend
14 <sup>th</sup> / 15 <sup>th</sup> October	YP Prizegiving Weekend

## THE WEEK AHEAD:

#### TODAY 14<sup>th</sup> May:

10am	All Age Worship	
	'Three in One: Jesus with the Holy Spirit'	
	<u>Luke 4:14-21</u>	
11.30am-12:15pm	Children & Youth Activities	
11:30am-12:30pm	Kay's Membership Group	
3pm	Page Park Praise (weather permitting)	
2pm: Load up at hall at 2pm, 2:30pm: set up in Page Park		

#### Tuesday 16<sup>th</sup> May:

11am-12noon	Extra Slice Group at the Hall (leader: Kelvin)
6:30pm	YP Band Practice
7:15pm	Singing Company Practice
8pm	Senior Band Practice
7:15pm	Singing Company Practice

#### Wednesday 17th May:

9:30am-11am	Tots on the Hill
3:30pm-4:30pm	Extra Slice Group online (leader: Gerry)
7:45pm-9pm	Extra Slice Group at Linda's house
8:15pm-9:15pm	Extra Slice Group online (leader: Beth)

#### Thursday 18th May:

12.30pm	Lunch Club
6:45pm	Extra Slice Group at Colin & Nicola's house
8:15pm-9:15pm	Extra Slice Group online (leaders: Ian & Rachel)

#### Sunday 21st May:

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