



Staple Hill

Local ... Lively ... Loving

Majors Colin & Nicola Hylton-Jones

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Sunday 22nd & Sunday 29th August 2021

Bulletin e-mail: staplehillbulletin@gmail.com

Rest and Relaxation

We are now deep into the holiday season, and many of us will have spent a few days away from home. All the more welcome after all the restrictions of the past 18 months! Holidays are a time to relax and recuperate from the daily demands and stresses of our everyday lives, and can be important in keeping us healthy and sane. Just having the opportunity to lie-in once in a while, or visit somewhere new, or to eat something that someone else has cooked helps us to feel better, to relax and to start seeing things with fresh eyes once again.

Holidays give us time to ponder about the deeper mysteries of life, to look at the wonder of God's creation, and to give thanks for all that we have in our lives. Holidays make the heart sing with joy, unclutters the mind from the humdrum to free up space for the ethereal, to give us time to actually listen to what God is saying to us. We all need to take that time out occasionally - after all, even God enjoyed a period of rest on the 7th day of creation. So, my conclusion is that holidays are a pretty good idea and help us to make our spiritual lives even better.

Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. [Matthew 11:28-30](#)

Paul Heath

PRAYER DIARY:

We invite you to pray for the following members of our fellowship during the coming couple of weeks:

23 rd	Ted B; Bev, Jon, Jessica & Emily D; Kelvin & Linda J; Janine & Hywel J
24 th	Ruth B; Phil & Tash J; Jen & Les P; John W; Karen R; Paul & Brenda C
25 th	Elsie & Mike D; Doris P; Geoff P; Glynn E; Beth E; Emma, Sam, Noah & Riley R
26 th	Tim & Sarah B; Morag F; Esther K; Lynette P; Sophie & Kathleen C; Mary Br; Naomi B
27 th	Derek & Margaret B; Yolanda K, Jeovany & Maria; Gary, Joanne, Jacob & Emily R
28 th	Jon H; Joyce L; Sheila F; Heather & Paul C; Paul & Tracey H; Sue M; Bev W
29 th	Staple Hill Corps

30 th	Staple Hill Community
31 st	National & International issues
1 st	Paul & Roz C; Peter H; Bill & Freda M; Elaine & Peter R; Anne & Rob L
2 nd	Hilton & Lilian B; Alison & Steve C; Colin & Nicola H-J, Senan H; Alan T; Harry D
3 rd	Pat B; Peter & Mary J & James; June W; Viv W; Graham & Julie W; Linda P
4 th	Mary Ba; Mark & Michelle D; Jess, Matt, Charlie & Harry J; Kay & Marc W; Marcus B
5 th	Hilary & Mike D; Sally P; Rebecca S; Claire & Michael B; Dennis H; Daisy U

FLOWERS:

- The flowers on the altar table on Sunday 22nd August will be provided by Myriam and Steve.
- The flowers on the altar table on Sunday 29th August will be provided by Jen and John Reid in memory of Joan and Herbert.

THANKS:

- Jen Palfreman would like to thank everyone who prayed for her before and during her recent hip operation. A very big thank you to all the corps family and friends who have prayed, sent messages, cards, telephone calls and flowers since Jen has been home – it has been really appreciated and Jen has felt truly blessed.
- Bill and Freda Milsom would also like to thank everyone for the cards, flowers and best wishes sent to mark their 65th wedding anniversary last week.

PRAYER FELLOWSHIP:

During the past week, we have been praying for:

- Kellen

BULLETIN DURING AUGUST:

There will be no bulletin issued next week. This bulletin covers both the remaining weeks in August. A weekly bulletin will be resumed in September.

WORSHIP NEXT WEEK:

If you want to attend worship in the building on Sunday next week:

Book-in (*by 12 noon on Saturday*):

Use the online link on the covering e-mail with this bulletin, click on the picture to the left, or ring [0117 956 5232](tel:01179565232)

General Guidance as Restrictions Ease:

- Please continue to wear facemasks at all times whilst moving around the building
- Windows will remain open to provide excellent ventilation
- Singing is now permitted during all services

Time (*each meeting will last no longer than 45 minutes*):

Choose either 10am or 11.30am.

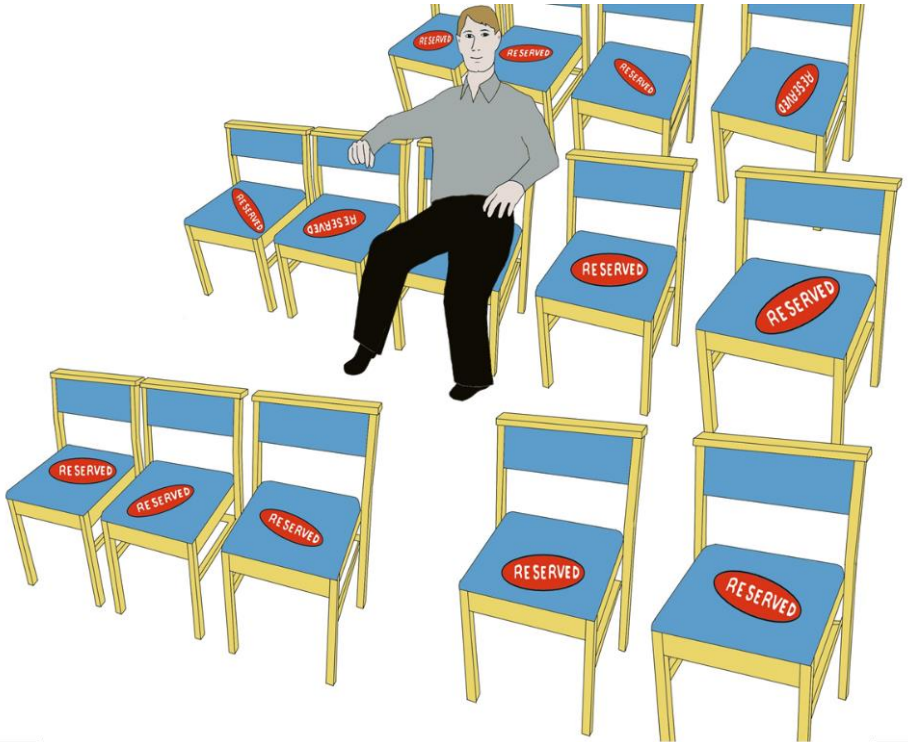
- **10am Meeting:** Facemasks may be removed once you are seated. We are now gradually increasing the number of chairs throughout August. If you do not want to sit next to anyone, we will have 'reserved' cards available for you to place on nearby chairs.
- **11:30am Meeting:** will be a more covid-safe environment, and is likely to be quieter and less busy. Chairs will remain spaced out, and we would encourage everyone to keep face masks on throughout the service.

Book-in Details:

We need your name, how many of your household are coming with you, your phone number and email address

COVID Alerts:

If you attend worship at the hall this week and subsequently **test positive** or get '**pinged**' through the NHS App, please contact our Corps Officers this week.



Some people may have got a little too used to having space around them

THE WEEK AHEAD:

TODAY Sunday 22nd August

10am Worship – in the building
from 10am Worship – online
11:30am Worship – in the building

Summer Psalms
[Psalm 15](#)

Tuesday 24th August

7:30pm Senior Band Practice

Wednesday 25th August

2pm Extra Slice Group online
3.30pm Extra Slice Group online
7pm Extra Slice Group online
8.15pm Extra Slice Group online

Thursday 26th August

No Extra Slice Group – but feel free to join the Wednesday 8:15 group

SUNDAY 29th August

10am Worship – in the building
from 10am Worship – online
11:30am Worship – in the building

Summer Psalms
[Psalm 139](#)

Wednesday 1st September

There are no Extra Slice Groups this week

Thursday 2nd September

There are no Extra Slice Groups this week

SUNDAY 5th September

10am Worship – in the building
from 10am Worship – online
11:30am Worship – in the building

Summer Psalms
[Psalm 24](#)