



Staple Hill

Local ... Lively ... Loving



Majors Colin & Nicola Hylton-Jones

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Sunday 1st August 2021

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In Training

As an active armchair athlete, I will happily watch the Olympics for as many hours as it is shown on television – relishing in the minor triumphs of Team GB and despairing when decisions go against them. Because there is such a variety of sports on offer at the moment, I find myself becoming an expert judge for events that I never even knew existed just the day before! And no matter what the sport is, my armchair expertise quickly extends to an absolute certainty that I could be just as good as any of the Olympic athletes if I ever tried. After all, how hard can it really be to kick someone in Taekwondo, jump into a swimming pool off a diving board, or sail a boat? Of course, all these athletes train for many years to become good enough to compete, and I could never really do anything more energetic than click the TV remote control. But I can train to become perfected in my faith – through reading the Bible and through prayer – and that can even happen from the comfort of my sofa!

Physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come. [1 Tim. 4 v 8.](#)

Paul Heath

PRAYER DIARY:

We invite you to pray for the following members of our fellowship during the coming week:

2 nd	Hilton & Lilian B; Alison & Steve C; Colin & Nicola H-J, Senan H; Alan T; Harry D
3 rd	Pat B; Peter & Mary J & James; June W; Viv W; Graham & Julie W; Linda P
4 th	Mary Ba; Mark & Michelle D; Jess, Matt, Charlie & Harry J; Kay & Marc W; Marcus B
5 th	Hilary & Mike D; Sally P; Rebecca S; Claire & Michael B; Dennis H; Daisy U
6 th	Jon B; Kirsty, Mark, Oliver, Freya & Henry F; David Jo; Alison C; Karen P
7 th	Beryl & Spence G; David L; Andy, Emily, Grace & Archie E
8 th	Marcia G; Anne & Dennis L; Laura R; Marion R; Francis & Ruth S; Catherine R

PRAYER FELLOWSHIP:

In our prayers this week:

- Claire Blowers as she is recovers from surgery
- Brenda Driscoll after the passing of her son

Please note: from Monday 2nd August, Gerry Wiltshire will be temporarily taking over the responsibility for the Prayer Fellowship for a few weeks. Please continue to send any prayer requests (a brief sentence or two only, please) to staplehillprayers@gmail.com.

SUMMER CAMPS:

Starting tomorrow, several of our children are attending Junior Camp, and on Saturday several of members of our youth group are attending summer school, so please remember them in your prayers - we hope you have a great time!

BOUNCING FORWARD – OUR NEW ‘REACH OUT’ PROGRAMME:

As we continue to bounce forward and plan for the future, we have a couple of opportunities for anyone to get involved. We're looking for people who are interested in helping out in all sorts of ways. We will be thinking about what we can do as a church to reduce isolation, encourage interaction and ultimately introduce people in the local community to Jesus. Even if you have never helped before, even if you were helping with something else previously but feel like you want a change, even if you're unsure how you can help but feel passionate about this kind of thing - we need your ideas and input so please come along.

Thursday 12th August at 10.30am in the building:

A meeting to talk about how we can work with older people in our community

Thursday 19th August at 6.30pm in the building:

A meeting to talk about how we can help families, children and youth in our community.

CASUAL WEAR:

We are continuing to take orders today for the new, casual wear uniform. Please add your orders to the list at the hall.



AROUND OUR FELLOWSHIP:

- Our thoughts are, of course, with Brenda Driscoll this week following the passing of her son, and we continue to remember Charmaine's family after she passed away last week.
- As a corps, please continue to uphold each other in prayer, and make contact with those you have not seen or spoken to for a while. There are a number of people who are still recovering from illness and stays in hospital, or are currently waiting for surgery who would, I am sure, appreciate a call or a card.

AUGUST MESSAGE:

Starting tomorrow (Monday 2nd August), look out for a daily message sent out on email and via facebook (Monday to Friday).

CORPS PAPERS:

When paying for your papers, it would be much appreciated if you could pay the exact amount you owe rather than putting multiples of £1 into the tin. This would significantly help in the weekly reconciliation.



[Ed. Just kidding – singing is great for everyone, no matter what sort of voice you have been gifted with!]

**Just because we can now sing again ...
doesn't mean that everyone should!**

WORSHIP NEXT WEEK:

If you want to attend worship in the building on Sunday next week:

Book-in (*by 12 noon on Saturday*):

Use the online link on the covering e-mail with this bulletin, click on the picture to the left, or ring **0117 956 5232**

General Guidance as Restrictions Ease:

- Please continue to wear facemasks at all times whilst moving around the building
- Windows will remain open to provide excellent ventilation
- Singing is now permitted during all services

Time (*each meeting will last no longer than 45 minutes*):

Choose either 10am or 11.30am.

- **10am Meeting:** Facemasks may be removed once you are seated. We will start to gradually increase the number of chairs throughout August, but will continue to ensure there is a good level of spacing. If you do not want to sit next to anyone, we will have 'reserved' cards available for you to place on nearby chairs.
- **11:30am Meeting:** will be a more covid-safe environment, and is likely to be quieter and less busy. Chairs will remain spaced out, and we would encourage everyone to keep face masks on throughout the service.

Book-in Details:

We need your name, how many of your household are coming with you, your phone number and email address

COVID Alerts:

If you attend worship at the hall this week and subsequently **test positive** or get '**pinged**' through the NHS App please, contact **Myriam Selfe** this week.

THE WEEK AHEAD:

TODAY Sunday 1st August – **Worship will be led by Paul Heath**

10am Worship – in the building
from 10am Worship – online
11:30am Worship – in the building

} The Light
[1 John 1 v 5-10](#)

Tuesday 3rd August

7:30pm Senior Band Practice

Wednesday 4th August

All Extra Slice groups are invited to social meet-up in person between 7.30pm and 9pm on Wednesday 4th August

Weather permitting, we will meet outside at Frenchay Park Play Area, Begbrook Road. The car park is behind Frenchay Village Museum, entrance via roundabout at the junction of B4058 and Begbrook Road (the old entrance to Frenchay Hospital). Meet by the tennis courts from 7:30-9:00pm. Bring a chair and own drink. (Any questions please contact Kelvin & Linda).

Sunday 8th August – **Worship will be led by Majors Colin & Nicola**

10am Worship – in the building
from 10am Worship – online
11:30am Worship – in the building

} Summer Psalms
[Psalms 91](#)

Children and Youth activities have now stopped for the summer