



# Staple Hill

## Local ... Lively ... Loving

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**Sunday 11<sup>th</sup> July 2021**

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### *Prayer*

As a church we have entered into a month where we are focussing on prayer; how we pray, when we pray, why we pray... etc. I am sure we will be encouraged to reflect on our own personal experience of prayer, and the role prayer has (or hasn't) played in our own lives, as well as in the life of our church.

The key characteristics of any healthy relationship include good communication, and prayer is our way of communicating with God. Prayer can be spoken, silent, sung, or in words played through our instruments. However, it really is important, in fact essential, that we keep in regular communication with God through prayer. Another key characteristic of a healthy relationship is honesty, so I don't need to be worried that I struggle – I can be honest with God about this and I won't be judged.

[Ephesians 6:18](#) says, “*And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.*” This verse uses the word ‘all’ or ‘always’ 4 times in total. This shows that prayer should not be limited or restricted, but should encompass everything and everyone that we

encounter. Prayer should not only be reactive, but should also be proactive.

What is your area for development in respect of prayer? Is there one aspect of prayer that you often neglect? What things can you change to make improvements to your prayer life? How do you think we as a church could improve the way we pray and use prayer to grow the church?

I encourage you to think about the questions above – particularly in this next month, but beyond this also. And if you're not sure where to start, pray about it!

*Phil James [weekly devotions for last Tuesday's band practice]*

## **PRAYER DIARY:**

We invite you to pray for the following members of our fellowship during the coming week:

12 <sup>th</sup>	Michael & Valerie B; Charmaine I; Shirley N; Arnold & Pat T; Sheila T; David & Doreen S
13 <sup>th</sup>	Janet B; David Ja; Valerie & Martyn P; Marion W; Jill W; Hazel & Tim S; Josie K
14 <sup>th</sup>	Margaret & Peter B; Adam D; Gerry W; Alan & Francine J; Rex & Jen H; Rita B
15 <sup>th</sup>	Aimee B; Brenda D; Matt, Ruth, Isabella & Amara A; Louise P & Natalie
16 <sup>th</sup>	Margaret Be; Hannah, Nick & Arthur F-B; Garry J; Bob & Pauline P; Josh D; Robert Hi
17 <sup>th</sup>	Becky G; Joe S, Martin & Amy S & Family; Sharon D; Iris & Ivan D; Bryan & Vera R
18 <sup>th</sup>	Derek & Liz B; Gwen L; Joan W; David, Rachel, Charlotte, Georgina & Harriet N

## **UNITED CHRISTIAN BROADCASTING (UCB):**

Maybe you are using UCB's Word for Today for your personal daily devotion, but did you know that they offer more than just that?

I first got to know UCB about 23 years ago when, on a late night in remote Normandy, I was listening to LW radio and heard a brass band. My parents had left L' Armée du Salut a few years before and I was still dealing with bitterness issues. In that moment, I was sure that it was the sound of an Army band and, to prove myself right, I stayed until the end of the piece ... sure enough it was! I had just stumbled by chance on UCB. Fast-forward to 2020 – I found UCB again in my car using the digital radio and have now got UCB2 in the background when at home. I find it such a source of encouragement and having it in the background, that means that others get to hear it too...

If you have access to the internet or to a digital radio, they have a couple of radio stations: UCB 1 ('Building Faith for Everyday Life') and UCB2 ('The Home of Hope and Worship'). Both stations air a mix of uplifting Christian music, testimonies, and teaching. Even if I can't still sing with you all, nothing prevents me from dancing in the kitchen and praising God loudly! <https://www.ucb.co.uk/qrlisten>.

If you'd prefer to listen to an online radio with only Salvation Army music, then why not try Fortress Radio? <https://www.radio-uk.co.uk/fortress-radio>.

*Myriam Selfe*

## **FLOWERS:**

Today's flowers have been provided by Patricia, Hilary and Hilton in memory of Mrs Baker to mark what would have been her birthday.

## CASUAL WEAR:

Recently, the Mission Council has been exploring casual wear options that will be available to anyone connected with our corps to wear on a Sunday, but also at other times when it is useful. Several samples have been on display at the hall.

You can place orders until Sunday 1<sup>st</sup> August for whatever item you would like - estimated delivery time of around 3 weeks. If none of the samples meet your requirements, there is also an option to check out our supplier's website ([apcworkwear.com](http://apcworkwear.com)) to identify and purchase something that would make you feel more comfortable. It only needs to be navy and have our logo.



## PRAYER NETWORK:

Our prayers this week have been focussed on:

- Wesley Challenger whose sister Joan has been admitted to Hospital
- Steve Selfe and his family following the Promotion to Glory of his mother
- Beryl Gardner and her continued recovery from her knee operation as she now has a post-operative infection

## **AROUND OUR FELLOWSHIP:**

- We still remember those who are grieving at the moment. In particular we think of Steve following the loss of his mother, along with Tash and Liz Church.
- We continue to pray for those of our fellowship who are poorly or living with serious health conditions. We uphold Charmaine, Beryl, Alan T and Clive.
- Please remember that our prayer fellowship will always pray for anyone who needs our prayers, please let us know if there are any situations you would like us to pray for.

### **Let's Pray**

**As we look to the future, would you join us in Prayer?  
During July, we are organising a number of events to pray for our  
corps and our community.  
Please join us in Prayer.**

#### **Prayer Walk**

**Monday, 12th July 2021 - 3pm and 7pm**

Join us in prayer as we walk around the local community praying. We'll be leaving the hall at 3pm or 7pm - a virtual prayer walk will be available.

**Please join us in prayer.**

#### **Prayer Meeting**

**Monday, 19th July 2021 - 7.30pm - 8.00pm ish**

Join us on-line in prayer as we spend time praying for our corps and community.

**Please join us in prayer.**

**If you would like any further information, please speak to either  
Colin Nicola or Linda.**



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## **TREKFEST 21 CHALLENGE [Derek Boxell]:**

Having recently trekked to Everest Base Camp and to the summit of Kilimanjaro, planning for a future expedition was curtailed by the COVID pandemic so my thoughts turned to a UK challenge where I could raise funds for a good cause. Having volunteered at the local Salvation Army food bank in Staple Hill since March 2020, it seemed like a good idea to compete in this year's Trekfest challenge (taking place in September) covering 25km over the Brecon Beacons and at the same time to raise funds to support the local community.



If you would like to support Derek in raising funds for the work of our corps, please visit his JustGiving page by clicking on the link below, or add your name to the sponsorship form available in the foyer.

[https://www.justgiving.com/fundraising/derek-boxell?utm\\_source=Sharethis&utm\\_medium=fundraising&utm\\_content=derek-boxell&utm\\_campaign=pfp-email&utm\\_term=4e91e291d5e34c738b8cf2831be03f86](https://www.justgiving.com/fundraising/derek-boxell?utm_source=Sharethis&utm_medium=fundraising&utm_content=derek-boxell&utm_campaign=pfp-email&utm_term=4e91e291d5e34c738b8cf2831be03f86).

## **PROGRAMME REVIEW:**

From the bulletin last week, you will be aware that as we move out of lock-down, we are reviewing our pre-COVID programme activities - this includes both our Church and community activities. To help this process, it would be good if you could join the discussion. If you are unable to join an Extra Slice group this week and you want to have your voice heard, then we have planned an on-line Zoom meeting on Thursday 15<sup>th</sup> July at 7.00pm. Please contact me (Colin) for the log-in details. If on-line meetings are not possible, then give me (Colin) a call and we can chat through your prayerfully considered ideas. Thank you, in advance, for your contribution to this review.

## WORSHIP NEXT WEEK:

If you want to attend worship in the building on Sunday next week:

**Book-in:** Use the online link on the covering e-mail with this bulletin, click on the picture to the left, or ring [0117 956 5232](tel:01179565232) by 12 noon on Saturday



**Time:** Choose either 10am or 11.30am (each meeting will last no longer than 45 minutes)

### Book-in Details:

We need your name, how many of your household are coming with you, your phone number and email address

### Things to know:

- Please wear a facemask unless you are exempt
- Unfortunately singing is not allowed at present
- Social distancing, extra cleaning & ventilation will help to keep you safe
- Come as you are – no need to wear uniform, unless you want to!
- Windows will be open, so it may be cold!
- Please do not use the back door – only the front entrance on Broad Street

Please get in touch if you have any questions. We look forward to seeing you.



## THE WEEK AHEAD:

### TODAY Sunday 11<sup>th</sup> July

11:15–12:15pm Children and Youth under 18's meeting - in the hall  
10am           Worship – in the building  
from 10am    Worship – online  
11:30am       Worship – in the building

Bouncing Forward  
'Pray to act'  
[Nehemiah 2:1-5](#)

### Wednesday 14<sup>th</sup> July

2pm            Extra Slice Group online  
3.30pm       Extra Slice Group online  
7pm            Extra Slice Group online  
8.15pm        Extra Slice Group online

### Thursday 15<sup>th</sup> July

8.15pm        Extra Slice Group online

### Sunday 18<sup>th</sup> July

11:15–12:15pm Children and Youth under 18's meeting – in the hall  
10am           Worship – in the building  
from 10am    Worship – online  
11:30am       Worship – in the building

Bouncing Forward  
'Celebrate in prayer'  
[Nehemiah 12:27-43](#)

