



# Staple Hill

## Local ... Lively ... Loving

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**Sunday 2<sup>nd</sup> August 2020**

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### *7 Deadly Sins*

Most of us know of the 7 deadly sins, but you won't find them listed in any Biblical verse. They were quoted together for the first time by Pope Gregory I in the 6<sup>th</sup> century, but they are still widely regarded as both relevant and important. How do we protect ourselves against the temptations of these 'deadly sins'? On the [Christianity.com](http://Christianity.com) website, I found a very helpful and thought-provoking prayer:

*Lord, replace my pride, envy, wrath, gluttony, lust, sloth  
and greed with love for others and love for you.*

*Give me eyes to see others as you see them.*

*Help me view myself in the proper perspective.*

*Change my heart of stone to reflect your heart so I am content and  
satisfied with the skills, talents, and gifts you have given to me.*

*When I feel hurt, offended, or angry show me how to positively deal with  
my pain in a way that glorifies you and honours others. I want to look  
more like you, Lord, and less like me.*

*Amen*

## PRAYER DIARY:

As a church, we know how important it is to uphold each other in prayer, so we invite you to pray for the following during this coming week.

3 <sup>rd</sup>	Jim & Pat B; Mary, Peter & James J; Chris P; Megan B; June W; Viv W, Graham & Julie W
4 <sup>th</sup>	Mary Ba; Mark & Michelle D; Jess, Matt, Charlie & Harry J; Kay & Marc W; Cath & Marcus B
5 <sup>th</sup>	Hilary & Mike D; Sally P; Rebecca M; Claire, Michael & Naomi B
6 <sup>th</sup>	Jon, Elli, Ellen & Will B; Kirsty, Mark, Oliver, Freya & Henry F; David Jo; Alison C
7 <sup>th</sup>	Beryl & Spence G; Margaret K; Jakub P; David & Hazel L; Andy, Emily, Grace & Archie
8 <sup>th</sup>	Orla B; Marcia G; Anne & Dennis L; Laura R; Alan & Marion R
9 <sup>th</sup>	Rita B; Linda & Rob H; Anne & Rob L; Ian & Rachel R; Myriam, Steve & Noah S; Olive & John S

## IN MEMORY OF RUBY JAMES:

Thanks to everyone for your thoughts, cards, prayers and messages of support for me and the family following Mum's Promotion to Glory. We have felt so loved, blessed and uplifted by all of your kindness to us at this difficult time.

At the present time we are unable to hold a Celebration and Thanksgiving Service for Ruby, but thought it would be appropriate to collate a memory book for her. If any of you have a particular memory or story of Mum, please could you write it on an A6 piece of paper (1/4 of A4) and we will put them into the book.

Please could you send them to me [Kelvin] at 15 Salisbury Gardens. Downend, Bristol. BS16 5RF or email to [kelvin.james@sky.com](mailto:kelvin.james@sky.com).

## PRAYER NETWORK:

We prayed for two people this week:

- Jess who had hospital appointment Thursday but we give thanks as there was no sign of the cancer at her cystoscopy.
- Charlie Turnbull who is struggling with his health at the moment and the fact he can't get out.

## EXTRA SLICE TAKEAWAY BOXES:

Linda James would like to say a very big "Thank you" to all those who have helped to deliver the 'Extra Slice Takeaway' boxes. If you haven't received your box yet, please let Linda or Colin know this week. It's not too late to take part in this activity!



## FELLOWSHIP BULLETIN:

Janet Banfield would like us to relay her gratitude for the support she and Katie have received: "Thank you to everyone for your prayers, the cards and telephone calls sent since David passed away. We have been overwhelmed with your kindness and support. God Bless you all."

We were sorry to hear this week that Martin Helps died suddenly in his sleep on Monday night. Martin was Assistant Young People's Band Leader at Staple Hill a number of years ago before transferring to Bristol Easton corps where he continued his work with the YP Band. We think of his sister Beryl and her husband Rod at this sad time.

## THE WEEK AHEAD:

All activities within our buildings continue to be suspended until it is deemed safe, but the following activities continue:

### **TODAY Sunday 2<sup>nd</sup> August**

- from 10am Lighthouse Club Session available online (ages 7-11)
- 10am Youth Group meets online (ages 11+)
- from 11am Sunday Worship available online  
'Parable of the talents' [Matthew 25:14-27](#)

### **Monday 3<sup>rd</sup> August**

- 11am - 12pm Food Parcels available at Hall
- 8pm Mission Council Meeting on-line

### **Tuesday 4<sup>th</sup> August**

- 11am - 12pm Food Parcels available at Hall

### **Wednesday 5<sup>th</sup> August**

- 2pm Extra Slice Group online
- 3.30pm Extra Slice Group online
- 7pm Extra Slice Group online
- 8.15pm Extra Slice Group online

### **Thursday 6<sup>th</sup> August**

- 11am - 12pm Food Parcels available at Hall
- 8.15pm Extra Slice Group online

### **Saturday 8<sup>th</sup> August**

- 11am - 12pm Food Parcels available at Hall

### **Sunday 9<sup>th</sup> August**

- from 10am Lighthouse Club Session available online (ages 7-11)
- 10am Youth Group meets online (ages 11+)
- from 11am Sunday Worship available online