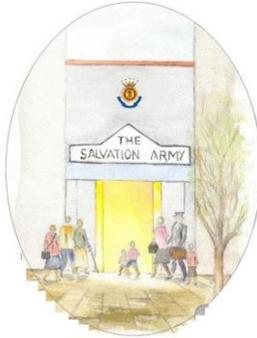




STAPLE DIET

FEBRUARY 2016



Staple Hill Corps

- A Good NEWSS Corps for all people

(Nurture, Evangelism, Worship, Service to Corps, Service to Community)

Our Purpose is:

- **To be a vibrant, worshipping Christian community actively introducing Jesus to the people of our area.**
- **To be a place where all can belong and grow in their relationship with Jesus.**
- **To serve the local community.**

From the desk of the Editor



Happy 2016

Happy New Year to you all and I hope that in the Bulletins throughout 2015 there has been something to challenge and bless the readers. So what does 2016 have in store for us?

A few weeks ago we had our Commitment Sunday looking at the theme for the Salvation Army in this territory over the next year of Transformation. We know this territory is going to be transformed through new Divisional boundaries and new structures. I am sure that these changes are going to be difficult for many employees and officers of the army, and would ask that you remember those affected in your prayers, asking that God will guide them and support them through this change.

It is also true to say that as a corps we are going through a transformation, whether it be the re-decoration of our building or as a worshipping fellowship. As we look at our Mission Development Plan over the new few weeks remember...

***‘When we have done everything we can,
that’s when God steps in and finishes the job.’***

Neil Baker, Editor - Staple Diet

From The



Officer's Desk

Many of you know - I like a good coffee, and looking around any High Street it seems I'm not alone. Over the last 20 years the number of coffee shops has rocketed, with chains like Costa and Starbucks seeming to have more and more stores. Howard Schultz, the present CEO of Starbucks, is responsible for leading the company

from a small business selling coffee beans in Seattle to a multi-national that sells more coffee drinks to more people in more places than anyone else. Schultz has said:

'when you're surrounded by people who share a passionate commitment around a common purpose, anything is possible.'

At the start of 2016, we have been thinking about our purpose as a group of God's people - The Salvation Army Staple Hill. During our morning meetings we are thinking about Moses and the vision that God gave him to journey to the Promised Land and the ups and downs he experienced on the way. In January's 'Worship and the Word' we looked at Jesus' last words to his disciples, The Great Commission, (Matthew 28:18-20) outlining their purpose and ours. It's so important that our purpose is clear if we are going to achieve what God has in store for us. Rick Warren said,

'Without a purpose, life is motion without meaning, activity without direction and events without reason. Without a purpose life is trivial, petty, and pointless.'

As we continue to look at our purpose and the vision God is giving us, an important stepping stone in this will be Sunday 14th February. We would like to invite anyone who regularly attends our church to be part of this. After sharing lunch together, we will have an opportunity to think a little more about our purpose and our vision and how this impacts on what we do. The format will be relaxed and interactive and suitable for all ages of our corps to participate in. Please make this a priority, your romantic dinner can wait until later in the day!

*Life has no purpose unless it is yours,
Life without you has no goal;
All that fulfils me is doing your will,
Knowing that you're in control.
(Salvation Army Song Book 568)*

Major Nicola Hylton-Jones
Corps Officer

News about People

Those currently on the 'Wish you were here' prayer list are: Madge Rickards, Irene Ackerman, Francis & Ruth Shepherd, Valerie Scott, Tom and Ruth Cable, Joyce Lear, Gwen Lear, Margaret Hatton.

In recent weeks we have officially welcomed David & Doreen Slator, Mark & Debra Hatcliffe, Tim, Hazel & Martin Scott and Steve, Myriam & Noah Selte into our fellowship - I'm sure you have already felt welcome.

On Sunday 3rd January, Freya Rebecca Fielding was dedicated to God by Major Nicola. The service was attended by many family and friends.

Congratulations to Beck Jones & Liam Terrell and big sister Esmé on the birth of Harper Ginny, born on Monday 18th January. We wish you all well with the addition into your family.

Congratulations also to Nathan & Rachael James and to big sister Poppy on the birth of Alice Ruby, born on Tuesday 19th January. We also wish you well with the new addition!

Congratulations to Dr Natasha Bennett who has now completed her study over many years and is now holding the title of Doctor in Physics - if you want to know more I'm sure Tash will be happy to tell you!

Edna Heath was promoted to glory on 4th December 2015 aged 97. Her funeral service was held on Monday 21st December, conducted by Major Colin, and was attended by family, friends and corps folk. We will continue to think of her son and close family and friends in

our thoughts and prayers. Although unable to attend worship for some time, Edna was involved with the Over-60 Club, Pub Booming with the army papers and Home League where she was Assistant Treasurer, she also still held a weekly bible study group in her home. A lovely Christian lady who will be missed by many.

Vivien Wallington

February Sundays

7 th	11am - Morning Worship	5pm - Sunday Supper <i>Anthony Bush, Noah's Ark</i>
14 th	11am - Morning Worship followed by lunch and Mission Development Plan	
21 st	11am - Morning Worship <i>Children's weekend</i>	5pm - Worship & the Word
28 th	11am - Morning Worship	5pm - Sunday Celebration <i>Redland High Junior School Choir</i>

Coffee Morning Rota

February		March	
6 th	Margaret Belcher & Janet	5 th	Pat & Arnold Tilling & Hilary Dickens
13 th	Malcolm & Mary White	12 th	Julie, Christine & Colin
20 th	Michelle Freeman	19 th	Pat Usher & Doreen Foote
27 th	Lilian & Hilton Baker	26 th	NO COFFEE MORNING

Sunday Evening Coffee Rota

February		March	
7 th	Michelle Dickens	6 th	Margaret & Derek Boxell
14 th	Linda & Rob Hall	13 th	Lilian Baker
21 st	Linda & Kelvin James	20 th	Linda & Kelvin James
28 th	David James	27 th	EASTER SUNDAY

Sunday Celebration

Sunday 28th February

*Featuring Redland High Junior
School Choir and
The Young People's Band*

5pm

Thank You

I am a Social Worker in the Kingswood Locality Team.

Yesterday we received an overwhelming number of food hampers and children's gifts from you.

On behalf of the families we work with, I want to say a very warm thank you for all of these donations.

I was able to deliver some yesterday and the response was amazing.

Christmas is a particularly difficult time for many of the families and the donations are going to make a real difference.

All of my colleagues have commented on the excellent quality and generosity of the gifts so thank you again.

Sophie

Modern Slavery

Since 2011 the Government has contracted with The Salvation Army to provide support to adult victims of modern slavery in England and Wales. Major Anne Read has been Territorial Director, Anti-trafficking and Modern Slavery throughout and has written in Salvationist of this ministry which fits perfectly with our mission.

The Government predicts that at least in the medium term there will be a continued growth in the number of people needing our help. Transporting victims to a place of safety is an integral part of the contract so there is a growing need for more volunteers to come forward to give this valuable service.

The transport service will now be dealt with at national level rather than through DHQs. I have spoken with Major Adrian Stringer who is national transport co-ordinator and he explained how the service operates. They need a data base of volunteers who are prepared at short notice to use their car to transport a victim to a safe house and also those who could act as a chaperone on these journeys.

Is this something that you would be willing to do? By its very nature it cannot be predicted how often if at all you would receive a call from THQ but you can specify days and times of the week when you might be available.

Please talk with me if you have any questions on this. I have a form for your completion should you feel this valuable service is one you feel you could sign up for whether as a driver or a chaperone. Many who have done so have found this a very fulfilling service.

David James

Travellers News

Here we are already on our way to the end of 2015 - the year has sped by and has certainly been a varied one for me again. No doubt by the time you read this we could be in the New Year.

My focus has been mainly in Europe and that has given me more opportunity to be home at weekends. That has its drawbacks as the

decorating and gardening come up in discussions even more! But it has also had its advantages as for the first time I have been able to ride out on the Harleys with Mark for some days and enjoy one another's company (as he gets used to the big mean machine).

May and June 2015 were fairly quiet months catching up with paperwork and home renovations. July 2015 took me to Dubai, followed by a period in Northern Ireland, and that gave me the opportunity again to see the beauty of the Irish countryside riding the Harley.

September 2015 was the last easy time with a great holiday and rest in preparation for a busy end to the year.

A series of lectures in the Netherlands with Belgian and Dutch Dealers during October 2015 were very interesting and gave me the opportunity to understand more the mixture of cultures in Belgium. I will be doing a second phase in February 2016.

November 2015 has come and gone in a whirl with new company openings to work on in Gdansk -Szczecin and seeing parts of Poland I have never worked in before. The long drive between the two cities gave me an opportunity to see more of the countryside instead of just cities. Gdansk is a particularly nice old city with many old buildings around the harbour and city centre. The month ended with a long visit to Slovakia that was particularly cold and snowy. Presov has a company I opened 18 months ago and is a lovely place and is going well. A long journey to Banska Bystrica a nice town in the Slovakian Alps was to keep me busy for a week there. The local delicacy is fresh Deer meat steaks, and that was nice as not had any since living in Sweden. Driving through the alpine region with the fresh snow was a lovely experience on the way there, but on my return journey it was a driving blizzard and very slippery road conditions. Due to the weather the motorway through the mountains was eventually closed so had to rely on my trusty satnav to get me to the airport. A problem eventually arose as the battery died at a critical moment trying to find the final section through Kosice town to the airport. Having circled the town a few times I was able to see

the miniscule sign showing an airport motif and get to meet the plane on time home.

It brings to mind an old chorus

"I have a pilot who guides me, Night and Day; through cloud and sunshine I trust him, Come what may. Dangers may threaten but I never fear; I'm full of confidence while he is near, I have a pilot who guides me along life's way" I think he certainly must have had His eye on me that day!

December has only a few days' work in the South of UK and Northern Ireland so should get some shopping time before Christmas, plus some driving days with Adam as he ventures out on the roads as a learner driver.

Perhaps the old song fits our travels well as my nerves and blood pressure get some good testing with Adam starting to get road experience!!

I hope you have a Great Christmas time and a Very Happy New Year, I know this that 2016 will have fresh challenges and places to visit but am confident that my Pilot will guide me in His Way.

God Bless

Mike Dickens, December 2015.

The deadline for entry in
March's Newsletter is
Sunday 21st February 2016,

Please email stapledietnewsletter@gmail.com

Please ensure you send to the above email address for entry into future issues to avoid any messages being mislaid if sent to my personal email or by hand. Thank You

Corps Weekly Activities

Monday

Greenfingers	10.30am (2 nd Monday of each month)
Home League Fellowship	2pm (3 rd Monday of each month)
Rainbows	6pm to 7pm
Brownies	6.30pm to 7.30pm
CAMEO	8.00pm (last of each month)

Tuesday

Tuesday Toddlers	from 9.30am
Young People's Band Practice	6.45pm to 7.45pm
Senior Band Practice	8pm to 10pm

Wednesday

Baby Song	from 9.30am
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Thursday

Hall open for coffee from	10.30am
Lunch Club	12.30pm
Friendship Club	2pm to 3pm
Community Care Ministries	7pm (3 rd Thursday of each month)
Singing Company Practice	6.45pm to 7.45pm
Songster Practice	8pm to 9.30pm

Friday

Friday Club	6pm to 7.15pm
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Saturday

Coffee Morning	10am to 12pm
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Sunday

Primary, Lighthouse Club and Youth Group	9.45am - 10.45am
Morning Worship	11am
1 st Sunday - Sunday Supper	5pm
2 nd Sunday - Sunday Worship	5pm
3 rd Sunday - Worship & The Word	5pm
4 th Sunday - Sunday Celebration	5pm
5 th Sunday - Simply Sunday	5pm

Corps Calendar 2016

FEBRUARY	
5 th - 7 th	Youth Residential Weekend
20 th /21 st	Children's Weekend
MARCH	
Sunday 6 th	Mother's Day and Dedication of Alice James
Sunday 13 th	SD Altar Service
Monday 14 th	Church Parade with Puppet Group
19 th /20 th	Palm Sunday and ISB Visit
Sunday 27 th	Easter Sunday
APRIL	
Sunday 17 th	<i>Divisional Youth Councils</i>
Saturday 23 rd	Senior Band at Yeovil
MAY	
Sunday 8 th	Candidates Sunday and Beaufort Court visit
11 th	<i>Divisional AFM Rally</i>
Sunday 15 th	Pentecost and Page Park Praise
Saturday 21 st	Band League Festival
Sunday 22 nd	<i>South Western Divisional Celebration</i>
JUNE	
Sunday 19 th	Fathers' Day
Saturday 25 th	Armed Forces Parade Kingswood
25 th / 26 th	Young People's weekend
JULY	
Sunday 3 rd	C in the Park
16 th /17 th	Summer Festival/ Page Park Praise
AUGUST	
1 st -5 th	Junior Camp
20 th -26 th	SWSCA
Mon 29 th	Hannah and Nick's wedding
SEPTEMBER	
10 th -24 th	Big Collection
Sunday 18 th	Page Park Praise
Sunday 25 th	Back 2 Church Sunday
OCTOBER	
15 th /16 th	Harvest
NOVEMBER	
5 th /6 th	Youth weekend
Sunday 13 th	Remembrance Sunday
DECEMBER	
Saturday 6 th	Christmas on the Hill (tbc)



Corps Leadership Team

Laura Baker, Tash Bennett, Margaret Bessex, Margaret Boxell, Liz Brewer, Mark Dickens, Linda Hall, Paul Heath, Majors Colin & Nicola Hylton-Jones, Nathan James, Les Palfreman, Marc Willetts.

Pastoral Care Council (PCC)

Margaret Bessex, Margaret Boxell, Liz Brewer, Linda Hall, Majors Colin & Nicola Hylton-Jones, Kelvin James, Rachael James, Hilary Sims, Marc Willetts, Gerry Wiltshire, Malcolm Wiltshire.

Worship Team

Michael Baker, Tash Bennett, Jon Dickens, Michelle Dickens, Nathan James, Les Palfreman (Leader), Jenny Palfreman (Sec), Viv Wallington, Kay Willetts.

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